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HALIFAX • WEDNESDAY, SEPTEMBER 24, 2008

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Entertainment

Flamenco festival returns – *Ole!*

Pg 20

Youth pushes over senior's scooter in phone theft

ROBBERY A 14-year-old boy allegedly pushed an elderly man off his scooter and tried to rob him yesterday at Victoria Park in Dartmouth.

The 74-year-old man was riding his motorized scooter around noon when police say the youth pushed the scooter over, took the man's cell-phone and fled. Two police cadets at nearby Northbrook School heard the victim's cries for help, then chased the boy down.

The man was taken to hospital with non-life threatening injuries, while the boy is charged with robbery. PAUL MCLEOD/METRO HALIFAX

Local page 4



Councillor pushes for mail box art

World page 11

Finnish killer left trail of hate online

Election 2008 page 10

- Do a politician's looks matter? Public weighs in
- 'Ordinary people' don't care about art: PM
- Mayors urge federal leaders to help cities

Share Your Views

halifaxletters@metronews.ca

Public art Sailboats in the sunshine



Artist Laurie Mireau paints an electrical box along Barrington Street on Tuesday. Mireau has spent well over 20 hours creating her latest piece of artwork.

Wife wants Taser use reviewed

POLICE An Amherst woman wants the town's police department to review its use of Tasers following a recent medical emergency during which her husband was zapped with one.

The woman, who asked that her identity be withheld, said she grew concerned for her husband last Sunday when she could not wake him up. When she checked his blood sugar, she found it was dramatically low.

As the 34-year-old man woke up, he resisted paramedics' attempts to put in an IV, and they asked for police help.

"All of a sudden I heard the officers telling him they were going to tase him. I ran down the hall yelling to them he doesn't understand, but they zapped him anyway," she said.

She said her husband bit off part of his tongue, and couldn't walk for three days afterward.

"He needed their help and they treated him cruelly. The scream that came out of my husband when he was Tasered was the worst thing I have heard in my life."

Amherst Deputy Police Chief Ian Naylor said officers felt the man was a danger to himself and others.

He said all Taser incidents are reviewed by the police force.

THE AMHERST DAILY NEWS

Charity mum on Luke

Outcome of hearing over accounting irregularities unknown

DEVIN STEVENS
for Metro Halifax

p.m. yesterday.

Luke was a Conservative election candidate for two days until her criminal record was exposed earlier this month.

The association suspended Luke with pay last week after accounting irregularities showed up in their books. That suspension was changed to without pay on Monday.

Luke had until 5 p.m. yesterday to explain irregularities. Saunders/Todd said Luke called at 5:17 p.m. to say she was showing up. That moved the meeting from a downtown office building to an office on Joseph Howe Drive.



Former Tory candidate Rosamond Luke rushes past reporters after a three-hour meeting with her employer.

fused to answer reporters as she strode across the parking lot to her car.

Saunders/Todd wouldn't say if the board was satisfied with Luke's answers, or if her group will call police. Only two members of the association's eight-member board are left. The others resigned this week.

Two other members resigned in the spring due to disagreements within the board. Saunders/Todd said she believes those departures were related to Luke.

The association closed its doors on Monday, and reports say its three employees have been sent home until further notice.

Taser deaths

- Amnesty International has documented about 21 deaths in Canada as a result of Taser use, as well as more than 300 in the United States.

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Make Your **Vote** Count!

The Halifax Regional Municipality will be holding Municipal and School Board elections in accordance with the Municipal Elections Act on the third Saturday of October (**October 18, 2008**). The purpose of the election is to elect Mayor, Regional Councillors and School Board members.

All eligible voters are encouraged to participate in the Municipal and School Board Elections, Make Your Vote Count!



What makes me eligible to vote?

You are qualified to vote if:

- You are at least 18 years old on election day (October 18, 2008),
- You are a Canadian citizen,
- You have been a resident in the municipality for a period of three months immediately preceding election day and continue to so reside.

To find out if you're eligible to vote for the Halifax Regional School Board, The African Nova Scotian Member of the Regional School Board and the Conseil scolaire acadien provincial (CSAP) visit us at www.halifax.ca/election or contact the election office (see contact information below).

How do I know who is running for election?

All candidates must officially declare they are running for election by September 9, 2008. A list of officials and their contact information can be found by visiting the HRM website at www.halifax.ca/election or contact the election office (see contact information below).



How do I know where to vote?

Voters who have placed their name on the official elector list as of August 22, 2008 **will receive a Voter Notification Letter by mail during the last week of September**.

This letter will provide information on your voting options, polling location and official PIN and instructions for e-voting.

Persons whose name does not appear on the official List of Electors will be required to appear in person to take an affidavit prior to voting.

All polling locations and dates can be found at www.halifax.ca/election.

How can I vote?

Internet or Phone

- Use your Personal Identification Number (PIN) with instructions provided on your **Voter Notification Letter** and vote anytime from Saturday, October 4 starting at 8:00 am until Monday, October 6 ending at 8:00 pm

Vote in Person

- Advance Polls – Saturday, October 11 and Tuesday, October 14 from 12:00 pm (noon) to 8:00 pm
- Election Day Polls – Saturday, October 18 from 8:00 am to 7:00 pm

Questions? Contact the HRM Elections Office.



In person
Monday-Friday
8:30 am – 4:30 pm

Returning Officer
City Hall
1841 Argyle Street
Halifax



Phone
Monday-Friday
8:30 am – 4:30 pm

490-8683 (VOTE)
Toll-free 1-888-820-8683 (VOTE)
TDD 490-6645



Fax
490-4208



E-mail
election@halifax.ca



Writing in
Returning Officer
City Hall
PO Box 1749
Halifax, NS
B3J 3A5



Linda Grant
Municipal Returning Officer

EI benefit collection on the rise

There were 28,690 Nova Scotians drawing employment insurance benefits in July 2008. That's a 5.8 per cent hike from the month before, but it's down 2.2 per cent from July 2007. **METRO HALIFAX**

Local



ELIN MACDONALD FOR METRO HALIFAX

University student Tony Cushman enjoys a sunny day at Grand Parade yesterday. According to a new study, Nova Scotians have less leisure time than they used to.

It's official: We work too much says study

PAUL MCLEOD
paul.mcleod@metronews.ca



A lot of Nova Scotians complain they work too much. Now they've got science to back them up.

A new study from GPI Atlantic shows not only are Nova Scotians working too much, but work has eaten into their leisure time more and more over the past decade.

According to GPI, we spend five hours and 40 minutes a day on free time, which is half an hour less than in the 1990s.

"We work inordinately long hours compared to the free world."

Andrew Harvey, professor

gives them twice as much time (so people are willing to take two hours off, if it only cost them one hour's worth of wages.)

GPI then halved the average wage of \$17.54 an hour to calculate Nova Scotians are losing \$1.25 billion worth of free time each year compared to what they were 10 years ago.

Harvey said the government needs to step in to ensure Nova Scotians work less and that this could even help the economy.

"It might just help it, to research that's been done. Because when people are working their butts off they aren't working productively."

"We might be slightly less productive in one sense. But we might be much more healthy and productive in another."

Harvey said many European nations work much fewer hours, but their economies are strong.

Single moms lost the most free time — an average of 2.7 hours a day below '90s levels — according to GPI.

The leisure activity that was dropped the most was reading.

Emotionally explosive day in court for Nora Bernard's family

Family members of slain native elder Nora Bernard greeted her killer with hateful stares and harsh words as he was hastily led into court yesterday morning.

"I want to know if when he looks at his hands, can he see my mother's blood on there ... can he smell it?" asked Bernard's daughter Leanna MacLeod Gloade of Hilden.

As James Douglas Noel Gloade was led from the sheriff's van, his answer was brief.

"Fuck off."

Gloade, 25, pleaded guilty yesterday to manslaughter in the brutal killing of his grandmother, 72-year-old Millbrook resident Bernard.

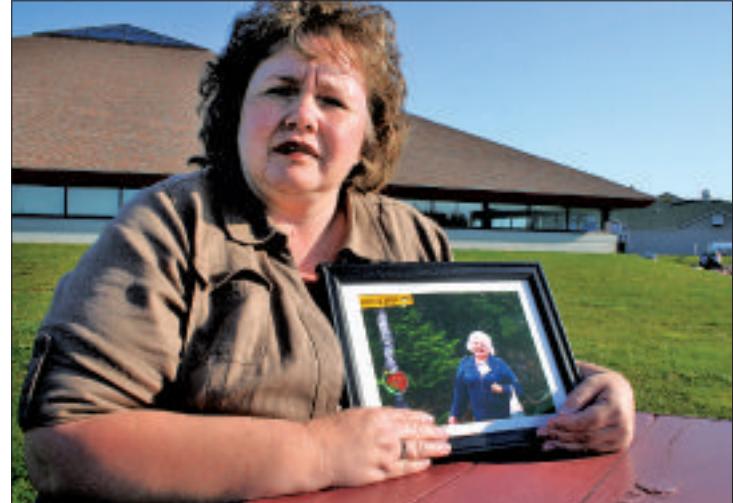
Gloade was originally charged with first-degree murder, but pleaded guilty to the lesser charge. The plea comes one day after Bernard had turned 73.

Bernard, a well-known native activist and champion of residential school survivors was found dead in her home in the early hours of Dec. 27, 2007.

Her death sent shockwaves throughout the community.

Gloade was remanded to custody until his sentencing Oct. 21, which his defence lawyer asked be by way of a native sentencing circle.

Sentencing circles involve elders, members of the victim's and accused's families, the lawyers and a judge. In order for the circle to take place the elders of the community would have to agree to accept the case.



TRURO DAILY NEWS

Leanna MacLeod of Hilden holds a photo of her mother Nora Bernard. Bernard, a long-time native activist, was brutally killed last year by her grandson James Douglas Noel Gloade. Gloade was in court yesterday morning where he pleaded guilty to manslaughter.

"I want to know if when he looks at his hands, can he see my mother's blood on there ... can he smell it?"

Leanna MacLeod

is up to the presiding judge's discretion. As a native, Gloade has the right to a circle and ultimately it's his choice, he said.

"He accepts responsibility for what happened with his grandmother. There's no happy outcome with this, but it's an acceptable plea," said MacDonald.

MacLeod, another of Bernard's daughters, also expressed her outrage at the day's happenings.

"The sentencing circle is to bring about healing, to

repair the harm done. How can you possibly repair the harm done?" she asked.

"He's never been made to take responsibility, he's never been held accountable for anything he's ever done," she added.

Gloade sat quietly throughout the short court proceedings except to whisper "yes," when Judge John McDougall asked him to confirm his guilty plea.

However, Gloade seemed to find his voice after he left the courtroom.

As media waited for him to emerge from the courthouse he could be heard shouting obscenities from inside.

Gloade will face a preliminary inquiry for first degree murder Oct. 21 as well as a charge of failing to report to a supervisor at 14 Court St.

TRURO DAILY NEWS

Candidates have right to canvass in buildings during local election

LOCAL POLITICS HRM is reminding landlords that municipal and school board candidates can campaign in apartment buildings.

Returning Officer, Linda Grant said some candidates have been denied access in the run up to the Oct. 18 election.

The occupants of the

individual units may, of course, choose to let the candidates into their units or not," Grant said.

"But the candidates have the right to be in the building during reasonable hours."

Violators of the elections act can be fined \$2,500 or be put in jail for six months. **METRO HALIFAX**

News in brief

FISHERIES Canadian coldwater shrimp join Argentine scallops as Clearwater Seafoods' second MSC certified offering. The Marine Stewardship Council has certified the Canadian northern prawn fishery as a sustainable and well-managed fishery. Clearwater markets shrimp under their Clearwater Pride of St. Anthony brand as well as numerous retailer and food service private label brands. **METRO HALIFAX**

metronews.ca

What's online today.

Watch as the arts take centre stage in the federal election as party leaders take jabs at Harper for his funding cuts at www.metronews.ca/canada. Also, watch Green party Leader Elizabeth May call for action on nuclear proliferation.

www.peterkelly.ca



Illness rates higher in mostly black community: Study

DEVIN STEVENS
for Metro Halifax



PRESTON A mostly black Nova Scotian community outside Halifax has higher rates of heart disease, mental illness and diabetes than its white counterparts.

That's the finding of a new study comparing illness in Preston with seven mostly white Nova Scotian communities with about the same size and economics.

"It does not surprise me at all," said Irvine Carver, president of the Africville Genealogy Society.

The history of health care delivery has been shamefully woeful in the African Nova Scotian community."

The study, conducted in part by Dalhousie University, and published in the Canadian Medical Association Journal, says Preston has higher rates of heart disease, strokes, and psychiatric disorders.

The level of type-2 diabetes is 43 per cent higher than the provincial average.

The study said about 86 per cent of Preston residents are black, compared to about two per cent of

Thibault will support local injection site if Halifax does

PAUL MCLEOD
paul.mcleod@metronews.ca



HEALTH Liberal Health critic Robert Thibault said yesterday he would support an injection clinic in Halifax if the community wants one.

Canada's only safe injection site, Insite in Vancouver, has become a target for the federal Conservatives, who challenge the legality of providing drug users a place to shoot up.

But the medical and scientific communities have largely rallied around the site for reducing drug-related deaths, curbing the spread of HIV and other health benefits.

Last month, Diane Bailey of the Mainline Needle Exchange went to Vancouver

Capital Health

- Capital Health issued a news release yesterday with several officials commending the study.
- They said it would allow Capital Health to target resources where they're needed most.

the provincial population. The study doesn't offer causes for the higher rates, but rules out excessive smoking and drinking, distance to hospitals, or environmental hazards.

The area's MLA also says he's not surprised, adding Preston's cancer rates are above normal as well. Keith Colwell chalks it up to a lack of education.

The school board denied the area access to a lot of basic educational rights until the mid-1970s, Colwell said. He said the community had to file a class-action lawsuit for change to take effect.

"This really happened," said Colwell. "If you don't give somebody the opportunity to earn an education, their ability to earn an income is reduced ... that means you don't have access to some things that may prevent illness down the road."

ever to see Insite, and came back hoping to see a similar program in Halifax one day.

West Nova MP and Liberal health critic Robert Thibault told Metro yesterday he would support a similar site in Halifax if the addictions services community felt it was needed.

"The people of Halifax know what is best for Halifax," said Thibault. "If there is support for (a safe injection site) then we should go for it."

But he said the decision to pursue the site would have to be made at the provincial level.

"In my mind the decision is made at the level of the province," he said. "The premier would have to come to me."

The Canadian Union of Public Employees has called for a ban on bottled water in schools and other public buildings in Nova Scotia. Danny Cavanagh, president of CUPE Nova Scotia, says it's greener and cheaper. **METRO HALIFAX**

CUPE calls for bottled water ban

RAM TAPLIN/METRO HALIFAX



Coun. Sue Uteck poses for a photo near the cenotaph in Grand Parade yesterday. Uteck is happy that council passed a new public art policy which will help put more artwork in HRM communities.

Canada Post agrees to pretty up mail boxes

Councillor pushes for art policy to apply to federal body

JENNIFER TAPLIN
jennifer.taplin@metronews.ca

Coun. Sue Uteck was ready to declare war on Canada Post yesterday.

In a committee of the whole discussion on a new public art policy, the Northwest Arm-South End councillor said she was disappointed with Canada Post's inaction on prettying up their mail boxes. She called them "the worst corporate offender" and contrasted them to Aliant, which has painted murals on many of their utility boxes around town.

She asked Mayor Peter Kelly to not allow any more post boxes in the city until they come up

"It's one-stop shopping for the arts."

Coun. Sue Uteck on HRM's new art policy

with an artistic program.

"Let's wage a little public war," she said.

Since Canada Post boxes are under federal jurisdiction, Uteck wasn't able to make good on her ultimatum. She settled for asking Kelly to inform Canada Post of the municipality's new public art policy instead.

Genevieve Latour, a spokeswoman for Canada Post, said after four years of pilot projects, a program will start next month. She said whenever they replace a post box in the HRM, its replacement

will have decals on it. She said she didn't know what the decals would look like.

"It will certainly look good," she said. "We have made a lot of progress."

It will likely take until the spring of 2009 before the new boxes will be seen around town, she said.

Meanwhile, Uteck was thrilled council approved the new public art policy. Since amalgamation, only one new public art piece has been installed.

The new policy will make it easier to get art out there, and also take

pieces out that don't fit anymore.

Plus all building developers will have to pay one per cent of their construction costs towards public art.

There are thousands of art pieces in a warehouse in Burnside that could be used, Uteck said, even as rotating artwork inside buildings.

The new policy will make it easier for groups to put art in their communities, Uteck said in an interview.

"It's one-stop shopping for the arts."

ShareYourViews
halifaxletters@metronews.ca

Province gives \$1.4 million for child-care facility startup

SPRYFIELD The provincial government announced \$1.4 million in funding for a new child-care facility in Spryfield yesterday. The Department of

Community Services is funding the centre as part of its \$8-million Child Care Centre Expansion Loan program which aims to create 550 additional

child-care spaces in Nova Scotia.

Immigration Minister Len Goucher made the announcement yesterday to the staff of the Halifax

YWCA.

The new spaces have put the province on pace to reach its goal two years ahead of schedule.

METRO HALIFAX

Eight planes headed for new Aviation Institute

At midnight the Nova Scotia Community College will put eight airplanes on trucks and drive them four kilometres away to the new Aviation Institute at the corner of Highway 111 and Pleasant Street. METRO HALIFAX

Burnside business park plan given approval in principle

JENNIFER TAPLIN
jennifer.taplin@metronews.ca

Imagine living so close to work you could almost touch it.

North American Development Group, which owns Dartmouth Crossing, submitted an application to the city for a zoning request so they can add a residential component. It would cozy up the City of Lakes office park.

"There are key advantages to that: They're right next to Shubie Park, next to commercial areas, and it would reduce the need for transit because people are more able to walk to where they work," said East Dartmouth-The Lakes Coun. Andrew Younger.

Yesterday, council discussed how to best manage business parks as they approved in principle their functional plan for Burnside and neighbouring Dartmouth Crossing.



Colin Ogdern commutes home from downtown on his unicycle yesterday. He uses a unicycle since his bike was stolen last year and he can take his unusual method of transportation inside.

Younger added an amendment to call for public consultation on mixing the commercial and the residential in Dartmouth Crossing.

"It would reduce the need for transit because people are able to walk to where they work."

Andrew Younger

The functional plan looks at making sure the appropriate businesses are in the right spots within Burnside.

"Burnside has everything from heavy industrial scrap yards to offices," Younger said. "We want to make sure those rules are followed so you don't end up with a meat-packing district next to an office building."

All business parks will be included in an overall business-park management plan, which should be finished in about eight months.

With Burnside now taken care of, the next park on the agenda will be Bayers Lake.

Citizen's campaign targets out-of-district candidates

POLICY It's perfectly legal for municipal election candidates to live in one district and run for office in another area of their home municipality, but one local resident says that rule should be changed, and he wants his current councillor ousted.

Bob White, an unemployed resident of Cape Breton Regional Municipality's District 3, mailed out at least 200 pamphlets this week urging voters not to re-elect Coun. Lee McNeil. Instead, the flyer asks people to "vote for one of our own in District 3."

McNeil, who is completing her first four-year term on council, has lived just inside District 5 since the 2004 election campaign, but spent most of her life in District 3.

"It might be legal but it's definitely not right," said White. "From the feedback

I'm getting, the majority agree with me."

White said he is not attacking McNeil personally, but believes strongly that a local representative should live in the area. While McNeil might live near the boundary, close is not good enough, White said.

White said he has asked all councillors and the mayor to have the rule changed. When told it is a regulation under provincial law, White said he will continue to press for a change.

McNeil said White is part of a "dirty campaign" to discredit her, but White said he is not working on anyone else's campaign. That's why the flyer simply lists his name and e-mail address.

McNeil said many of her constituents know where she lives and the issue has never come up until now.

TOM AVERS/CAPE BRETON POST

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The province is putting \$2.52 million into the forestry industry to help companies and workers deal with the high dollar, energy prices and low housing starts in the U.S. The money, to come over the next three years, will be spent on training, diversifying the industry and other measures. METRO HALIFAX

Men strut their stuff for YWCA

High-heeled fundraiser lets guys get in touch with their feminine side

PAUL MCLEOD
paul.mcleod@metronews.ca

Heel, toe. Heel, toe. Face.

If you saw a small army of men waddling around Parade Square in high heels yesterday you weren't hallucinating.

Fifty men dragged their heels around downtown Halifax in support of the YWCA's Walk a Mile In Her Shoes charity.

A large crowd of sup-

porters cheered the men on. There were laughs and cheers, but a noticeable absence of grace.

Many men wobbled uncomfortably. Every change in terrain — red carpets, steps, slight inclines — seemed to lead to certain disaster.

Some clutched guard rails for dear life while taking on stairs.

And yet, the event went off without a hitch and not a single person fell. Most

participants spent the majority of the walk laughing, despite the toe-shattering pain.

"I see what the girls have been complaining about now," said one man.

The fundraiser went towards the YWCA's housing program to support women at a critical turning point in their lives.

The top fundraising group was Eastlink. Employees raised over \$4,000,

which was matched by the company for a total of \$9,373.

Donations are still coming in but so far the top individual fundraiser is local publisher Neville Gilfoyle, who, incidentally, looked quite comfortable wearing

his high heels.

"It's all in the hips," he said as he swaggered down Gottingen Street.

Pledges for the drive will continue to come in until October 1.

Organizer Tanis Crosby said the event was so successful, the walk may be reprised again next year.

"We got a hugely positive response from the community," said Crosby. "It was phenomenal. We're so happy."



RYAN TAPLIN / METRO HALIFAX

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 - Superstore Dartmouth 650 Portland St.
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- Eldersdale
 - Elmsdale Plaza 269 Hwy #214
- Fall River
 - Fall River Plaza
- Greenwood
 - Greenwood Mall
- Halifax
 - Bayer's Lake 209 Chain Lake Dr.
 - 741 Bedford Hwy
 - Halifax Shopping Centre Aliant Store (upper level) Aliant Kiosk (lower level)
 - Maritime Centre Mall
 - Sobeys, Halifax Shopping Centre Annex
 - Scotia Square 5475 Spring Garden Rd.
 - West End Mall
- New Glasgow
 - Highland Square Mall
- New Minas
 - County Fair Mall
- Porter's Lake
 - 5228, Hwy #7 Porter's Lake Plaza
- Sackville
 - Sobeys, 752 Sackville Dr.
 - Superstore, 745 Sackville Dr.
- Tantallon
 - Sobeys Tantallon
- Truro
 - Truro Mall
 - Sobeys Truro, 985 Prince St.
- Yarmouth
 - Yarmouth Mall

Patrick McGrath, vice-president of research at the IWK Health Centre, holds onto a railing as he eases his way down some steps at Grand Parade yesterday. Fifty men took a stroll around Grand Parade in high heels for a YWCA fundraiser called Walk a Mile in Her Shoes.

News in brief

MANUFACTURING When Grohmann Knives Ltd. lost a contract to supply knives to Canadian paratroopers, Nova Leather Ltd. took a hit. The company, in the Stellarton Industrial Park, used to manufacture leather sheaths for the specialized paratrooper knives. That means a loss of between 5,000 and 6,000 leather cases for Nova Leather. Grohmann had supplied knives to the Canadian Armed Forces since 1964, but lost the contract to Ontario-based Gear Up Motors, which is believed to have imported knives from China. That created a controversy when Green party leader Elizabeth May called on Defence Minister Peter MacKay to ensure contracts are sourced locally.

ACCIDENTS A group of tow truck drivers say RCMP officers play favourites when it comes to the companies they choose to respond to highway crashes. Doug Corbett, whose tow truck operation is based out of Central Caribou, says his business is suffering because police are bypassing the West Pictou companies in favour of tow companies on the East Pictou tow line. It's a favouritism Corbett says has been going on for years. "Police are choosing to use New Glasgow tow truck operators even when an accident occurs in the Pictou area," he said.

METRO HALIFAX

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DND is launching its United Way campaign today with a lunchtime Battle of the Bands at the naval dockyard. The prize? Bragging rights — and maybe a hot dog at the barbecue afterward. METRO HALIFAX

Accidental vacation meant to be

SYDNEY When an Argentine woman landed in Sydney, N.S., instead of Sydney, Australia, she decided to make the best of it.

However, Monique Rozanes Torres Aguero, an artist from Buenos Aires, didn't expect to become an instant celebrity.

"I am very surprised and tickled pink," she said in French through Christiane Tanner of Westmount, who has since befriended Aguero.

Tanner said after the news broke Friday in the Cape Breton Post, there was a media explosion.

"We were with media all day, from one to the next. It was a fun day."

Everywhere they have gone, they have been recognized, Aguero said.

"We were walking on the sidewalk in Baddeck and two elderly men shot up from a bench and said, 'You are the one from Australia.'"

Wednesday, Aguero landed in Sydney aboard Air Canada Jazz thinking she was in Sydney, Australia. She had purchased the tickets on the Internet. Torres Aguero returned to the airport Thursday to purchase a



Monique Rozanes Torres Aguero, second from right, an artist from Buenos Aires, looks over a map with some Air Canada Jazz employees. Aguero landed in Sydney, N.S., instead of Sydney, Australia last week and has been enjoying her stay in Cape Breton.

new ticket and continue on to Australia, but some confusion changed her mind and she decided to vacation in Cape Breton. Air Canada Jazz staff discovered Tanner was in the airport and introduced the two women.

Tanner had flown into Sydney after being in Paris

visiting family.

She not only took Aguero under her wing, but also invited her home.

Aguero, widow of the late artist Leopoldo Torres Aguero, is a well-known, award-winning sculptor whose works have been exhibited in museums in Ar-

gentina and Paris.

On Friday, Tanner took Aguero to the Cape Breton Centre for Craft and Design, where they took part in workshops and met local artists. "The exhibits were beautiful," Tanner said. "She loved that."

Saturday they began do-

ing the 'tourist thing'.

"We drove up the Cabot Trail, took pictures, stayed in Cheticamp, visited the museum and saw all the beautiful hooking and had lobster."

They travelled to Pleasant Bay for a whale watching tour Saturday.

"It was a great moment when she got to see whales for the first time."

Today's plans include a visit to the Fortress of Louisbourg. They also plan to visit the Alexander Graham Bell Museum and a Marble Mountain sculptor.

"She wants to meet some artists who do the type of work she does."

However, their adventures appear to have only just begun. Aguero invited Tanner to visit Argentina. "She wants me to come when it is warm to enjoy her house by the sea, where her workshop is."

Aguero does not think their meeting was accidental, Tanner added. "She feels it was meant to happen, she feels close to me. We have a lot in common, our way of life and way of thinking."

CAPE BRETON POST

New energy incentives for building owners

REBATE The province is offering apartment building owners thousands of dollars to make buildings more energy efficient.

The new EnerGuide program will offer landlords up to \$9,500 in rebates. The federal and provincial governments will split the cost.

"Whether you increase insulation or improve the air tightness of your property, investing in energy efficiency is an effective way for Nova Scotians to better protect themselves from the rising cost of fuel," said Richard Hurlbert, minister responsible for Conserve Nova Scotia.

Buildings will be tested before and after environmental upgrades. The rebate depends on the work.

METRO HALIFAX

"Investing in energy efficiency is an effective way ... to protect from the rising cost of fuel"

Richard Hurlbert

Hike for Health 2008
Walk, jog or run in support of
The Kidney Foundation of Canada!

The Kidney Foundation of Canada, Nova Scotia Branch invites you to join in the fun as we Hike for Health in support of kidney patients and their families throughout Nova Scotia.

Hike for Health will be held on Sunday, September 28, 2008 at Shubie Park in Dartmouth. It is a fun, family-oriented event designed for people of all ages and levels of fitness.

Hike 10K or 1K – you choose the distance!

The hike will include a BBQ and a chance to win some great prizes.
To register for the hike, please contact:
Shauna at 429-9701 or stracey@kidney.ns.ca.

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Red tape may hinder AIDS aid

Apotex's first shipment of anti-AIDS pills leaves today for Rwanda, but the drug maker says next year's shipment may be its last because of government red tape. **TORSTAR NEWS SERVICE**

9

Canada

Immigration plan concerns provinces

The federal Conservatives plan to limit acceptance of skilled workers applying to come to Canada to only 38 occupations, a move that will not serve provincial labour needs, says Ontario immigration minister Michael Chan.

The proposed changes, he said, were discussed at a meeting between Immigration Minister Diane Finley and her provincial counterparts in Ottawa earlier this month. Now provinces are concerned they will have to expand their own immigration programs, Chan said.

Those applicants whose occupations are not on the list, he said, would have to apply through

"The (federal) plan would require economic-class immigrants to clear two hurdles."

Michael Chan

provincial "nominee" programs — a move that, in effect, downloads a large part of the immigration burden on to provincial governments.

"The (federal) plan would require economic-class immigrants to clear two hurdles," Chan told a news conference in Toronto yesterday.

One is a new occupational test. The other is the points system, which is already in place.

The new occupational requirement system

would allow Ottawa to reject most applicants on the basis of its occupation priority list, he said.

Neither Finley nor Chan would release the list of occupations. Finley said yesterday the government is still meeting with stakeholders and will release it later this fall. The list is part of the Harper government's sweeping immigration reforms to pick and choose which immigrants are admitted to Canada.

TORSTAR NEWS SERVICE

Calgary One tiny dino



Nick Longrich, a paleontology research associate in the Department of Biological Sciences at the University of Calgary, announces the discovery of North America's smallest dinosaur yesterday in Calgary. The dinosaur, 70 million years old and the size of a chicken, is called Albertonykus borealis and is thought to have survived on a diet of insects.

News in brief

GUN Police arrested a suspect after reports that a gun was brought into a Christian school in Regina yesterday morning, CBC Newsworld reported.

EDUCATION Ontario's Lakehead University announced yesterday students who enter the school with a 95 per cent average or higher will get free tuition.

WINNIPEG A man who died in the waiting area of a Winnipeg hospital's emergency department may have been dead for some time before staff was alerted — 34 hours after he arrived, CBC News Online reports.

METRO NEWS SERVICES

Four provinces, seven states enter climate deal

CARBON TRADING Seven Western U.S. states and four Canadian provinces yesterday proposed a carbon trading program plan designed to reduce global warming pollution by 15 per cent from 2005 levels by 2020.

Now each state and province is to make laws and rules that fit the plan outlined by the Western Climate Initiative (WCI). The goal is to establish in 2012 the biggest carbon market in the Western Hemi-

sphere over a region that includes about 85 million people.

Under the WCI plan, trading of emission allowances would set a price for carbon to encourage energy conservation and use of cleaner technologies.

The WCI proposal would require states to auction off at least 10 per cent of tradable carbon credits to power companies and other polluters.

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REUTERS

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Election 2008



Liberal Leader Stéphane Dion is using some humour to swipe at Stephen Harper's cuts to arts and culture. "A box of yogurt has more culture than this Conservative government," Dion told students gathered at the University of British Columbia yesterday.

Cities

Mayors call for long-term vision

NEEDS Big-city mayors — including Montreal Mayor Gérald Tremblay — came together yesterday to demand federal party leaders pay attention to the needs of cities.

"For once we're speaking (with) one voice, and if we're speaking (with) one voice, can we hear from the five leaders?" an impassioned Tremblay told a news conference at Montreal City Hall.

"Do they believe in the future of cities? Do they want us to share a long-term vision of the future of Canada?"

TORSTAR NEWS SERVICE

'Rich' artists whiners: PM

Conservative Prime Minister Stephen Harper has sparked a culture war with claims "ordinary people" don't care about arts funding.

Under fire for his government's \$45 million in cuts to arts and cultural funding, Harper yesterday said average Canadians have no sympathy for "rich" artists who gather at galas to whine about their grants.

"I think when ordinary working people come home, turn on the TV and see a gala of a bunch of people at, you know, a rich gala all subsidized by taxpayers claiming their sub-

CHRIS WATKINSON



Prime Minister Stephen Harper greets supporters outside his hotel yesterday in Saskatoon.

sidies aren't high enough when they know those subsidies have actually gone up — I'm not sure

that's something that resonates with ordinary people," Harper said at a campaign event in Saskatoon.

OnlineVideos
metronews.ca

Liberal Leader Stéphane Dion and NDP Leader Jack Layton accused their Tory rival of having contempt for the arts.

Dion said the Conservatives "ideologically attack" the arts, while Layton predicted Harper would sell off the CBC and undermine Canadian culture if he wins a majority government Oct. 14.

But Harper shrugged off his opponents as elitists preoccupied by "a niche issue."

TORSTAR NEWS SERVICE

News in brief

COALITION Stéphane Dion has rejected any suggestion of forming a coalition with the NDP after the next election. "Mr. Layton already has his coalition, I understand. He has a coalition with the nudist party, a coalition with the marijuana party," Dion said in Burnaby, B.C.

PROMISES A Liberal government would be hard-pressed to quickly implement its big-ticket campaign promises because Conservatives have spent like "drunken sailors," leaving little left in the federal coffers, says Liberal John McCallum, a former cabinet minister and bank economist.

TORSTAR NEWS SERVICE

20 days remain until the 2008 Canadian federal election

Heard on the Street: Does the physical appearance of a politician influence your vote?

From Metro newsrooms across Canada

Andrea Cameron
age 19,
Halifax

A: I don't think it matters what they look like so long as they do what they say they will.



Kristen Jardine
age 19,
Halifax

A: I don't think it matters if they're real good looking or not. It's just a matter of what they do and if they do good things for the community.



Vaninder Padda
age 19,
Halifax

A: It's more of what you have to say, what you have to contribute that makes it whether or not people should vote for you.



Robert Berg
age 27,
Ottawa

A: Yes. If the appearance of a person is not good, I think the person is not taking good care of himself. Someone who looks good takes care of himself and it means they can take care of others better.



Mary O'Sullivan
age 18,
Montreal

A: No. The way a politician will act as a prime minister depends from his beliefs and ideas. To judge a candidate on how he looks is the same thing as judging him on race or religious beliefs.



Shoilee Khan
age 24,
Toronto

A: No, it does not....When it comes down to it, if someone is standing for something that I believe in and I don't much like the way they look, I'll still vote for them.



Ryan Kusz
age 19,
Calgary

A: I don't pay much attention. I'd probably vote the way my dad told me to, but image, it ain't much to me.



Jesse Hahn
age 24,
Edmonton

A: That's poly-sci 101. It's all about charisma, which is something the public bestows on their leader.



Leanne Holowach
age 23,
Vancouver

A: Definitely. If a politician looks like a crackhead, I won't vote for him. Image is everything in the world we live in.



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Man get 20 years for MP3 killing

A Belgian court yesterday jailed a Polish man for 20 years for fatally stabbing a teenager who refused to hand over an MP3 player during a robbery, ending a trial which gripped the country. Rather than finding Adam Giza guilty of murder, the jury opted for the lesser charge of "violent theft leading to death." **REUTERS**

World/Business

Gunman left trail of hatred on Internet

Finland school rampage leaves 11 dead

Student gunman Matti Saari, who killed 10 people at a Finnish school yesterday before shooting himself, left a trail of Internet postings about hatred and revenge.

But according to a former classmate, the 22-year-old travel and restaurant trade student from the western Finnish town of Kauhajoki bore no resemblance to the loner profile of many mass murderers.

"He was happy, a social guy — there was nothing exceptional — he got along with people well and he was not lonely. He had friends" and was easy to talk to, said Susanna Keronen, trying to fathom what might have led him to take such drastic action.

In his profile on the ircallery social networking site, Saari, who lived alone with his cat, billed himself as a committed misanthrope. Other entries touted war and revenge.

Police, alerted to video footage posted on the Internet showing Saari firing



A group of teenaged girls place candles near the Kauhajoki vocational school yesterday, hours after a lone gunman entered the facility and killed 10 students and then himself.

a gun, questioned him only the day before the rampage, Interior Minister Anna Holmlund said.

She gave no details of the interview, but said police did not ask him to surrender the gun because they decided he had made

no specific threats.

Saari's postings were strikingly similar to those of Jokela high school student Pekka-Eric Auvinen, who shot dead eight people last November after posting a video telegraphing his plans.

REUTERS

with kidney stones and agonizing complications. Four have died in past months.

Meanwhile, Swiss Nestle SA and French Group Danone SA said their milk products in China and Hong Kong were safe. Hershey Co said it does not use milk from China in any of its products, including those sold in the country.

REUTERS

China vows milk export crackdown

CRISIS China vowed to stop toxic milk from reaching processors and export markets after tainted infant powder made more than 54,000 children sick in a scandal that has mired the nation's trade reputation in a fresh crisis.

Milk powder laced with the industrial chemical melamine has led to nearly

Cases double

- Two more children in Hong Kong were found to be sick after consuming toxic Chinese milk powder, bringing the total there to four.

13,000 Chinese infants being admitted to hospital, 104 in a serious condition

News in brief

STUDY The rate of HIV infection among people who inject themselves with drugs appears to be rising, according to a study published today. An estimated 3 million self-injecting drug users worldwide may be HIV positive, said the analysis.

REUTERS

Sudan says hostages found

KIDNAPPING Sudanese authorities have located a group of kidnappers and the 19 hostages they seized in Egypt last week, but have no plans for a rescue attempt that could endanger them, a Sudanese official said yesterday.

REUTERS

Masked kidnappers snatched the hostages — including 11 Westerners — from a desert safari near Egypt's southern border with Sudan and Libya on Friday and are thought to have whisked them out of Egypt.

REUTERS

Business

Bank CEO pay falls with stock

The global financial crisis has taken a big bite out of Wall Street pay packets, with top bankers losing hundreds of millions of dollars as stock prices collapse.

The chief executives of Wall Street's biggest banks get the lion's share of their pay in stock and stock options. So when the banks' share prices take a dive, so too do their fortunes.

Shareholders want to ensure executives run the company well, said David Wyss, chief economist at Standard & Poor's. "The easiest way to do that is to make sure his pay rises and falls depending on the

"The easiest way to [ensure a company performs well] is to make sure his pay rises and falls depending on the success or failure of the company."

David Wyss, S&P economist

success or failure of the company. And here we see what happens when the company fails," he said.

Dick Fuld, CEO of now-bankrupt Lehman Brothers, watched more than \$740 million US drain out of his personal fortune as the Lehman share price plunged from a 52-week high of \$67.35 US to almost nothing.

Lloyd Blankfein, CEO of Goldman Sachs lost nearly half a billion US from his bank account as the firm felt the crisis' effects.

Merrill Lynch CEO John Thain saw his holdings lose more than \$51 million US while Morgan Stanley's John Mack said goodbye to more than \$123 million US in value on paper.

JAMES DORAN/METRO WORLD NEWS

UN looks for answers to finance crisis

CRISIS As U.S. President George W. Bush delivered his farewell speech to the United Nations yesterday, he also faced criticism at the annual General Assembly over the excesses of global capitalism that Washington has long pushed as the path to economic prosperity.

"Who is responsible for this disaster? May those who are responsible be punished and held accountable," said French President Nicolas Sarkozy, who called for a summit in November to examine ways to overhaul what he said was a "crazy" financial setup at the root of the problem.

REUTERS

In brief

MARKET CRISIS Canadian bankers said they predict a slowdown in consumer lending amid tougher criteria and higher borrowing costs.

CRITICISM Former Canadian Auto Workers leader Buzz Harvage says Canada relies too heavily on resource industries and ignores the manufacturing sector.

INCOME TRUSTS CI Financial said the Liberals are "terrible" for creating more market uncertainty when it promised to tax income trusts.

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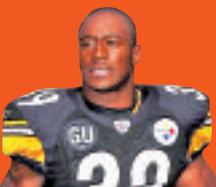
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The Phoenix Coyotes hired former Ottawa Senators GM John Muckler as senior advisor to the general manager. A five-time Stanley Cup winner, Muckler has more than 50 years of professional hockey experience. METRO NEWS SERVICES

Sports



EDITOR: SPORTS@METRONEWS.CA

Lions ruining the York name

Football coach McLean blunt in assessment of team's chances

York Report

Marty York



marty.york@metronews.ca

"Marty," the email started, "you might want to change your name, or start a petition for York University to change its name."

The emailer didn't need to elaborate. I got the point immediately. York, after all, not only happens to be my surname, but my alma mater, too. And York's football team is absolutely dreadful. After four games this season, the Lions are 0-4 and have been outscored by an aggregate total of — brace yourself — 240-17.

York's new head coach,

The 100-year mystery of the Cubs

Chicago Cubs legend Ernie Banks has a new book coming out, coinciding with his team's post-season journey, and he divulges in it that a voodoo priestess told him when he was a child that he'd

be a famous baseball player. The book is called Hoodoo: Unraveling the 100-year Mystery of the Cubs. The Cubs hope to end their 100-year World Series drought next month with a championship.

McLean, who never missed the CFL playoffs during his Eskimos career (1986 to 1992), took a winless Edmonton Huskies team before he ultimately coached it to the Canadian Junior Football League championship a few years back. He hopes to record a similar turnaround with York. In the meantime, though, York's follies are depressing him. They're not doing much for me, either.

Does he see light at the end of the tunnel? "It'll take time to get there," he said. "We inherited players who have old habits they need to break and we need to do some good recruiting (in the off-season)."

• Yankee Stadium is his-

tory but, in his late 90s, legendary public-address announcer Bob Sheppard is not.

Sheppard's battling health issues, but he was able to participate in the stadium's closing ceremonies Sunday night by recording the Yankees' lineup from home. He plans to be announcing at the new Yankee Stadium next season, but get this:

Thanks to modern technology, Sheppard may be introducing lineups at Yankee Stadium long after we're all gone. Computer wizards are working with Sheppard this week to record his voice enough so that, down the road, they can ensure his announcements eternally at Yankee Stadium.

• Steiner Sports, which has partnered with the

Parker out at least one game

The Pittsburgh Steelers will be without Pro Bowl running back Willie Parker, left, when they battle division rival Baltimore on Monday night. The club announced yesterday that Parker will miss the contest against the Ravens with a sprained left knee he suffered in Sunday's 15-6 loss to the Philadelphia Eagles. Parker has rushed for 263 yards on 66 carries with three touchdowns this season for Pittsburgh. METRO NEWS SERVICES

Blues' Johnson out indefinitely

The St. Louis Blues announced yesterday that defenceman Erik Johnson will be sidelined indefinitely with injuries to his right knee.

Johnson consulted with Blues orthopedic surgeon Dr. Rick Wright and Dr. Tony Minnici in Cleveland, where it was determined the Minnesota native tore both his ACL and MCL in a non-hockey related incident.

Red Sox clinch post-season berth

The Boston Red Sox clinched a post-season berth with a 5-4 win last night over the Cleveland Indians at Fenway Park. Since 2003, the only year Boston has failed to play beyond the regular season came in 2006. METRO NEWS SERVICES

Plekanec leads Canadiens' attack

The Montreal Canadiens gave their fans many reasons to cheer last night.

But instead of playing in front of a hometown crowd at the Bell Centre the Habs put on a show for fans in Roberville, Que., defeating the Buffalo Sabres 3-2.

Roberville earned the opportunity to host the pre-season tilt after winning this year's Kraft Hockeyville contest on CBC.

Along with hosting the game, the town got \$100,000 to upgrade the arena.

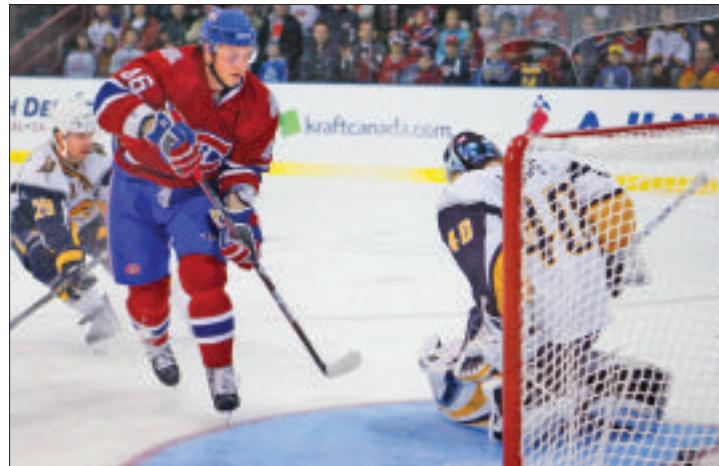
Tomas Plekanec led the Canadiens attack with two goals last night. He got the Habs going 10:21 in the first to make it 1-0 entering the first intermission.

Andrei Kostitsyn, who also assisted on Plekanec's first goal, scored a short-handed goal with less than four minutes left in the second. Plekanec got his second of the night, also short-handed, to make it 3-0 after two.

Derek Roy and Nathan Gerbe got third period tallies for the Sabres, but Buffalo was unable to find an equalizer.

In other pre-season action last night:

Islanders 2 Bruins 1 —



Montreal Canadiens forward Andrei Kostitsyn, centre, scores a short-handed goal on Buffalo Sabres goalie Patrick Lalime, right, during the second period of their pre-season NHL game in Roberville, Que., last night. The Canadiens defeated the Sabres 3-2.

Trevor Smith tallied 2:03 into overtime as the New York Islanders topped Boston, 2-1, in pre-season action from the Moncton Coliseum.

Jon Sim also hit the net for the Islanders. Yann Danis and Joey MacDonald combined to stop 18-of-19 shots.

Dennis Wideman tallied for the Bruins, who were coming off a spirited 8-3

win over Montreal in their exhibition opener on Monday.

Tuukka Rask made 36 saves in the loss.

Lightning 3 Rangers 2 — Martin St. Louis' tally at the 10-minute mark of the second period proved to be the game-winner, as the Tampa Bay Lightning defeated the New York Rangers, 3-2, in pre-season action from the St. Pete Times Forum.

Steven Stamkos, the No. 1 pick in the 2008 draft, and Ryan Craig also scored for the revamped Lightning. Mike Smith made 38 saves in the win.

Daniel Girardi and Fredrik Stjordrom lit the lamp for New York. Miika Wiikman gave up three goals on 14 shots, while Stephen Valiquette stopped all four shots he faced for New York.

METRO NEWS SERVICES

Sports in brief

NHL Columbus Blue Jackets goaltender Steve Mason underwent arthroscopic knee surgery yesterday and will be sidelined for four to six weeks.

NFL The Denver Broncos placed veteran centre Tom Nalen on injured reserve yes-

terday with a left knee injury.

NBA The Washington Wizards signed guard Juan Dixon to an undisclosed contract yesterday. Last season, Dixon averaged 5.0 points and 1.8 assists in 53 games between Detroit and Toronto. METRO NEWS SERVICES

SCOREBOARD

QMJHL

LAST NIGHT'S RESULT

Shawinigan 7 Victoriaville 1

TONIGHT'S GAME

Halifax at Acadie-Bathurst 8

MLB

AMERICAN LEAGUE EAST DIVISION

W L PCT GB

y-Tampa Bay 94 62 .603 —

y-Boston 92 65 .586 2½

New York 86 71 .548 8½

Toronto 83 74 .529 11½

Baltimore 67 89 .429 27

CENTRAL DIVISION

W L PCT GB

Chicago Sox 86 70 .551 —

Minnesota 85 72 .622 —

Cleveland 79 78 .503 7½

Kansas City 72 86 .456 15

Detroit 71 85 .455 15

WEST DIVISION

W L PCT GB

x-L.A. Angels 97 59 .592 —

Texas 76 82 .481 22

Oakland 75 82 .478 22½

Seattle 57 99 .365 40

NATIONAL LEAGUE EAST DIVISION

W L PCT GB

Philadelphia 88 68 .567 —

New York 87 70 .554 1½

Florida 81 76 .516 7½

Atlanta 70 88 .443 19

Washington 59 98 .376 29½

CENTRAL DIVISION

W L PCT GB

x-Chicago Cubs 61 61 .609 —

Milwaukee 85 71 .545 10

Houston 82 73 .529 12½

St. Louis 81 76 .516 14½

Cincinnati 73 83 .468 22

WEST DIVISION

W L PCT GB

Pittsburgh 65 91 .417 30

WEST DIVISION

W L PCT GB

L.A. Dodgers 81 75 .519 —

Arizona 79 78 .503 2½

Colorado 71 85 .455 10

San Francisco 70 88 .449 11

San Diego 61 95 .391 .20

(w = team currently holding wild-card spots; x = clinched division title; y = clinched playoff spot)

YESTERDAY'S RESULTS

AMERICAN LEAGUE

Y.N. Yankees 3 Toronto 1

Boston 5 Cleveland 4

Kansas City 5 Detroit 0

Minnesota 6 Chicago White Sox 3

Tampa Bay 5 Baltimore 2 (1st gm)

Tampa Bay 6 Baltimore 2 (2nd gm)

L.A. Angels at Seattle

Atlanta 3 Philadelphia 2

N.Y. Mets 6 Chicago Cubs 2

St. Louis 7 Arizona 4

Tampa Bay 5 Baltimore 4

Buffalo at St. Louis, 5:05

San Diego at Oakland, 5:05

Washington at Dallas, 5:15

Philadelphia at Chicago, 9:15

MONDAY'S GAME

Baltimore at Pittsburgh, 9:30

WEEK 4

SUNDAY'S GAMES

Arizona at N.Y. Jets, 2

Minnesota at Tennessee, 2

Denver at Kansas City, 2

San Francisco at New Orleans, 2

Atlanta at Carolina, 2

Cleveland at Cincinnati, 2

Green Bay at Tampa Bay, 2

Houston at Jacksonville, 2

Buffalo at St. Louis, 5:05

San Diego at Oakland, 5:05

Washington at Dallas, 5:15

Philadelphia at Chicago, 9:15

MONDAY'S GAME

Baltimore at Pittsburgh, 9:30

CIS SPORTS

ATLANTIC CONFERENCE

W L T PTS

Saint Mary's 3 0 0 6

StFX 2 1 0 4

Mount Allison 3 0 0 1

Acadia 0 3 0 0

SATURDAY'S GAMES

St. Francis Xavier at Mount Allison, 1

Saint Mary's at Acadia, 6:30

Huskies look to maintain third in CIS

The unbeaten Saint Mary's Huskies (3-0) continue to maintain their third overall placement in the Canadian Interuniversity Sport football rankings, released yesterday. The Huskies visit the Acadia Axemen in Wolfville Saturday at 7:30 p.m.

METRO HALIFAX


sports 13

Fighting for their attention

Former Mooseheads player Marchand trying to make Bruins squad

MATTHEW WUEST
matthew.wuest@metronews.ca

Brad Marchand took the phrase "fighting for a roster spot" a little too literally on his first day of training camp.

The Hammonds Plains native and Boston Bruins hopeful threw down the gloves with fellow prospect Jordan Knackstedt last week in Wilmington, Mass., in one of those occasional intra-squad moments that always causes a stir.

But if Marchand is causing a stir, the former junior scoring sensation is accomplishing exactly what he wants to as he enters his rookie season as a professional.

"I don't think I'm going to go out there and be a top two line guy with the skill they have in Boston, so I want to show I can play any role," Marchand said. "I would like to be a pest, draw penalties, give some hits and do the little



Former Mooseheads player Brad Marchand during Monday night's game against the Montreal Canadiens.

things right.

"If I do that, hopefully they'll want to keep me around."

The 5-foot-9 forward downplayed the fight.

Knackstedt had taken exception to a Marchand hit, but the two were gassed after a training session and a long practice and only threw a few punches

Zetterberg to lead Red Wings

- Reigning Conn Smythe Trophy winner Henrik Zetterberg is expected to highlight the Detroit Red Wings' lineup in tomorrow's NHL pre-season game at the Metro Centre.
- The defending Stanley Cup champs face off against the Boston Bruins at 7 p.m., and Zetterberg, Johan Franzen, Niklas Kronwall and Chris Osgood are slated to dress. Marian Hossa, Pavel Datsyuk and Nicklas Lidstrom will get the night off.
- The defending Stanley Cup

each before coaches broke them apart.

"We didn't speak right away after, but later on we gave each other a tap and life goes on," Marchand said. "Those things happen. It was a couple of guys battling for a spot."

Marchand, who is in Halifax this week as the Bruins hold training camp at Cole Harbour Place, will likely be assigned to the American Hockey League's Providence Bruins to start the season. But he impressed Boston head coach Claude Julien in Monday's 8-3 victory over the Montreal Canadiens.

"Brad did a great job," Julien said. "He competed

hard, he was on the puck and he had some scoring chances. We were hoping he'd sneak one in."

Marchand, who is in Halifax this week as the Bruins hold training camp at Cole Harbour Place, will likely be assigned to the American Hockey League's Providence Bruins to start the season. But he impressed Boston head coach Claude Julien in Monday's 8-3 victory over the Montreal Canadiens.

The 20-year-old hasn't forgotten how things ended here. "I learned how consistent you have to be night in and night out," Marchand said. "It comes with maturity. I'm trying to take last year, roll with it, and learn from it."

Pictou keeps Lions from first win

JR. A HOCKEY The Halifax Lions are still looking for their first win after a 3-2 setback at the hands of the Pictou County Crushers last night.

Jeremy Sheppard scored twice and Trent MacDonald had a single to pace the Crushers to victory in Maritime Junior A Hockey League action before a crowd of 400 at the Halifax Forum.

Chad Locke and Jordan Stapleton scored for Lions, who dropped to 0-3-2 and visit the Dieppe Commandos Saturday.

METRO HALIFAX

Sports in brief

FOOTBALL Saint Mary's Huskies wide receiver Shawn White was named Atlantic University Sport football's offensive player of the week yesterday. He had 107 yards and two touchdowns in a 50-20 win over the Mount Allison Mounties Friday. Huskies rookie Jahmeek Murray earned the special teams nod after collecting 156 return yards Friday.

METRO HALIFAX



Halifax Pelham Canadians second baseman Adam Lucas tags out Kentville Wildcats third baseman Nick Hill during a steal attempt in the third inning of yesterday's playoff game.

Canadians only one win away

BASEBALL The Halifax Pelham Canadians are one win away from their first Nova Scotia Senior Baseball League championship since 1992.

The Canadians beat the Kentville Wildcats 3-2 last night at Mainland Common to grab a 3-0 stranglehold in the best-of-seven final. Mark Pelham and

Ryan Veinot had two singles apiece and Adam Lucas had a double. Pitcher Andrew MacIntosh, playing with a rib injury, surrendered just three hits through seven innings of work. Right-hander Perry Deveaux struck out Rob Shepperd with the bases loaded and the game on the line in the ninth inning.

MATTHEW WUEST/METRO HALIFAX

The Canadians can wrap things up tonight at 7:30 p.m. in Kentville. Left-hander Barrett Bellefontaine, a league all-star this season, will be on the mound for the Canadians.

A win would earn Halifax a spot at the senior baseball championships with host Dartmouth Moosehead Dry.

MATTHEW WUEST/METRO HALIFAX

Cheremetiev returns tonight for Mooseheads

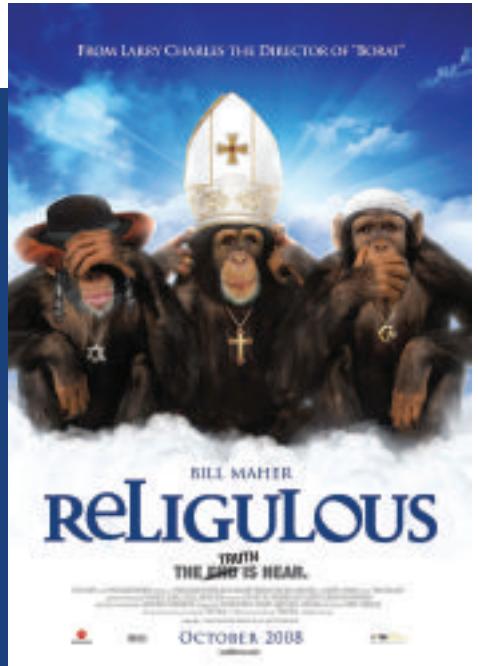
The Halifax Mooseheads will welcome Yuri Cheremetiev back to the lineup tonight, but they'll have to wait a little bit longer for Tomas Knotek and Logan MacMillan to return.

Cheremetiev, a 19-year-old centre who was cut Monday from a tryout with the Boston Bruins, will dress for the Mooseheads (1-3) when they visit the Bathurst Titan (3-0-1) at 7 p.m.

METRO HALIFAX

Knotek is nursing a groin injury and MacMillan is still at training camp with the Anaheim Ducks. Defenceman Richard Greer also remains out of the lineup with a groin injury.

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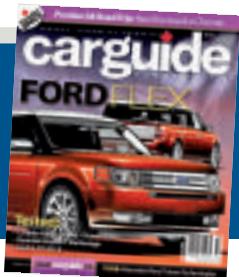
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Automotive

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

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Subaru lands a knockout

Revamped Impreza adds some pizzazz to a reliable ride

LORNE DRURY
for Metro Canada

Subaru has built a reputation over the years of producing safe, reliable, and functional vehicles.

While far from being disasters in the styling arena, most Subarus have never had what you would call that "knockout" punch when it comes to looks. Much like the Volvos of yesteryear, Subaru became known for solid, dependable vehicles that tended to blend in with the crowd and didn't set hearts aflutter.

But that appears to be changing as a look at Subaru's 2008 Impreza lineup will attest.

I recently spent a few days with the Impreza 2.5i five-door hatchback, decked out with the fancy Sport Package, and it was impressive both from a looks and performance standpoint.

The Impreza is an all-new car for 2008 and the 2.5i Sport five-door is the best looking model in the lineup in my opinion. Subarus may be changing



from a design standpoint, but they continue to offer what has made them popular in the first place, functionality and, of course, their trademark all-wheel drive feature standard on all models.

On the five-door models, Subaru's new design for the Impreza features a sweeping roof line curve that flows into an aerodynamic rear spoiler. Front and centre is Subaru's new spread-wing logo design at the top of the

wider grille. There's also a character line sweeping upward at the rear that produces a distinctive look.

Now in its third generation, the Impreza for 2008 comes in both four-door sedan (unique to the North American market) and five-door hatchback body styles with a choice of five-speed manual or four-speed automatic transmission with Sportshift. Both sedan and five-door are available with the Sport Package or turbocharged WRX option.

The basic powerplant is a 2.5-litre Boxer engine, delivering 170 hp and 170 lb/ft of torque. The WRX gets the 2.5-litre with a turbocharger and double overhead cams to produce 224 hp and 226 lb/ft of torque.

Prices start at \$20,695 for the 2.5i sedan with manual transmission. The 2.5i five-door is \$21,595,

2008 Subaru Impreza

Type: Sedan
Price: \$20,695-\$33,895
Engine: 2.5 four-cylinder
HP: 170-226

Highlights

- All-wheel drive
- Comfortable cabin
- Roll-back prevention

while the 2.5i sedan with Sport Package is \$23,195 and the five-door Sport is \$24,895. The WRX sedan with manual is \$32,995 and the WRX five-door prices out at \$33,895. Add \$1,100 for the automatic transmission.

Standard features on all Imprezas include anti-lock braking system (ABS) with electronic brake-force distribution (EBD), front disc and rear drum brakes, driver and front passenger front and side-impact airbags and side curtain airbags, 16-inch

steel wheels, power heated mirrors, AM/FM/MP3/WMA audio system with four speakers, air conditioning, cruise control, 60/40 split folding rear seats and cloth upholstery.

The Sport Package adds rear disc brakes, brake assist, vehicle dynamics control system and traction control, 16-inch aluminum alloy wheels, body colour door handles, halogen fog lamps, windshield wiper de-icer, leather wrapped steering wheel and gear selector, heated front seats and an enhanced audio system.

My time with the Impreza was uneventful from a weather standpoint, so I really had little chance to put the symmetrical all-wheel drive system to the test.

Subaru offers two types of all-wheel drive systems on the Impreza that are mated to the manual or automatic transmission.

In both cases, the system reacts to wheel slippage and power is supplied to the wheels with the best traction.

Inside, the cabin is comfortable with more hip and shoulder room than on previous models. The door opening has also been enlarged to make it easier to get in and out. A longer wheelbase 9.5 cm (3.7 inches) results in more rear seat legroom.

A new feature is a Hill Holder Incline Start Assist to prevent vehicle roll-back, standard on 2.5i Sport and WRX models equipped with manual transmissions.

Competitive pricing, a new emphasis on design and Subaru's continued refinement of the mechanical components, make the 2008 Impreza a solid choice in the compact segment, which made up more than 25 per cent of all vehicles sold in Canada last year.

It's time to start thinking about this winter.



An illuminating idea in lighting

Ceravision Ltd., the company working on the ultra energy-efficient Eculumination lighting range, recently partnered with leading English motor racing team to demonstrate its automotive lighting system.

A set of headlights was

fitted to a BMW race car and tested at Silverstone, the home of the British F1 Grand Prix.

Ceravision's Eculumination technology is a revolutionary, high-quality, low-cost, energy-efficient lighting system, which uses microwave technology to

power electrode-less bulbs.

The bulbs are simple to adapt to existing designs and are mercury-free. Eculumination is leading innovation in the global lighting industry, bringing new levels of efficiency and quality to both indoor and outdoor lighting.

With the success of the initial testing, Ceravision is now seeking development partners in the automotive lighting industry to bring the headlights rapidly to market.

The system is available for licensing by qualified manufacturers.

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With zero to 100 flashing by in 5.5 seconds, the Saab 9-3 Turbo X is the fastest model from the automaker.

Saab surging on turbo power

MICHAEL BANOFSKY
for Metro Canada



Saab 9-3 Turbo X

Type: Sedan
Price: \$54,995
Engine: 2.8-litre V6
HP: 280

Highlights

- Fastest Saab ever
- All-wheel drive

lb-ft of torque. It's torquey, with a strong powerband and turbo surge — and not unlike Volvo's similar-displacement turbocharged six-cylinder engine.

There's a character to all turbo'd sixes, with Saab's being more raucous than most because of its lovely exhaust.

But fastest Saab ever? Zero to 100 flashes by in 5.5 seconds... so yeah... fastest Saab ever.

Once behind the wheel, Saab is adamant that they have the best integration of all-wheel-drive with the "vehicle's various systems."

But they're right. Saabs usually handle like they're on a slope of a roof, fun for a second until you're on the way down.

The Turbo X, though, is tenacious, feeling more like an Audi RS4 than anything in recent memory. High praise.

As it stands, the Turbo X is a great car that shows there is still a lot of potential for future world-beating Saabs.

If an all-wheel-drive Saab with 280 horsepower costing over \$54,995 (and \$56,305 for the sexy Sport-Combi) makes you excited, the queue has already formed.

Yeah, the Turbo X has all-wheel drive. I mentioned engineering prowess for a reason, because through its history, Saab has pioneered unique solutions for its vehicles. With their low-volume production, Saab makes a perfect candidate to pioneer new GM technologies.

For the car's XWD ('cross' wheel drive) system, Saab partnered with Haldex to deliver a drivetrain that can split power fore and aft, plus side to side between the rear wheels.

Unlike past Haldex systems, torque is distributed throughout the drivetrain from a standstill. Older systems needed a certain amount of wheel spin to send torque to the required wheel, but XWD is ready instantly.

Performance fiends take note: Saab says the system's rear eLSD (electronic limited-slip differential) will "increase the performance envelope at high lateral acceleration." More on that in a moment.

At the heart of the car is a massaged and turbocharged 2.8-litre V6, good for the mentioned 280 horsepower and 295

Mazda creates a big beauty

Crossover CX-9 makes a family drive more fun and less stressful

MICHAEL GOETZ
for Metro Canada



2009 Mazda CX-9

Type: Crossover
Price: \$39,995-\$46,825
Engine: 3.5 V6
HP: 263

Highlights

- Spacious
- Attractive styling
- Long-haul specialist



about \$39,995. But ours was the most expensive CX-9 in the catalogue — a fully optioned GT model (\$51,710).

GT models start the proceedings at about \$46,825;

its most notable enhancement over GS models is the lovely 20-inch wheel and tire set. Our baby also got AWD (\$2,000), DVD system with Bose 5.1 surround-sound stereo with 11 speakers and wireless headphones (\$2,675), and a package that included copious luxury bits, navigation with

Bluetooth, and rear-view camera (\$1,520).

We won't list the standard safety and convenience features, because, believe us, it's not lacking in any.

Topping our lists of positives is styling. Beauty is always in the eye of the beholder, so go and behold yourself, but we think Mazda did a great job in marrying

sporty details — like those lights, wheels and integrated exhaust tips — into a sleek people-mover format.

The look and feel of the inside of the vehicle also garnered its share of raves. The faux wood used throughout the cabin is a dark, heavily lacquered variety, symbolic of a type found in traditional Japanese art work.

However, while touch-screen controls are cool and high tech, most of us would still prefer durable and easy-to-reach controls for items that need frequent adjusting. And while the wrap-around centre console is beautiful to behold, a few us thought it made the cabin feel less spacious.

Customers more obsessed

with chassis dynamics will also be pleasantly surprised. The vehicle performs better than its size and weight would indicate.

The front seats and driving position were also praised. They are crucial cogs in the CX-9's prowess as a long-haul specialist. Also, the DVD player/babysitter might have a little hand in keeping the stress levels down on long family rides.

The second row is 60/40 split-bench affair that can slide fore and aft, so there is a ton of legroom to be had back there.

Fuel economy is not stellar, but this shouldn't be a big shock as the CX-9 is what it is — a big crossover. Energuide ratings are: 14.0 L/100 km city, 9.7 L/100 km hwy. And note that you pay a discernible premium for AWD: the FWD CX-9 is rated at 13.2 L/100 km City, 9.0 L/100 km Hwy.

The most inexpensive CX-9 is the FWD GS model, at

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It's time for Munich's Oktoberfest, so get out your beer steins, sausage knives and lederhosen. This is the perfect opportunity to boast a beer belly whilst drinking ice-cold Bavarian beer. Oktoberfest Munich will run from Sept. 20 to Oct. 5. METRO NEWS SERVICES

Naumi Hotel in Singapore sure knows how to treat a lady. An entire floor of this boutique hotel will be dedicated to women on their business travels and serviced by female staff.

METRO WORLD NEWS



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Travel

Holiday in Cambodia

48 hours in ancient empire, tourist boomtown

Got 48 hours to explore the ruins of the ancient Angkor empire? This guide will help visitors make the most of the temples and Siem Reap, the tourist town booming in the shadow of Angkor Wat, a 12th-century Hindu-Buddhist temple synonymous with Cambodia visited by more than two million tourists a year.

SATURDAY

7 a.m. — After a quick breakfast, head for the Bayon temple. Its 200 enormous faces smiling down on visitors from stone towers are a must-see.

11 a.m. — Avoid the mid-day sun with a detour to the National Centre for Khmer Ceramics Revival, where potters recreate ancient Khmer pottery using clay from the nearby hills and fire them in a giant kiln.

12.30 p.m. — Go to Amok Restaurant in Siem Reap for a fish amok, the Khmer curry made by steaming the coconut-based dish in a banana leaf.

1.30 p.m. — Wander around the air-conditioned shops selling silks and trinkets. For the colourful cotton "krama" or gingham check scarves worn by Khmer Rouge fighters, head to the Old Market.



3.30 p.m. — For a quick and unusual snack, try the fried crickets and other creepy crawlies sold on the Siem Reap River bridge. For those less adventurous, try Blue Pumpkin's banana ginger tart and iced coffee.

4 p.m. — Tomb Raider fans will relish the overgrown jungle setting of Ta Prohm temples with its moss-covered walls.

7 p.m. — Catch the latest archaeology gossip with the French team at the Laundry Bar or with the Japanese at Cafe Moi Moi.

8 p.m. — Dine at Le Mal-

raux, a bistro named after a French explorer in the early 1900s. Confit de canard will help you enjoy the atmosphere of the Indochina of bygone years.

10 p.m. — Follow the neon lights and noise emanating from places like the Sok San Palace and Sokha Entertainment Club and dance, sing and gamble with young Cambodians.

SUNDAY

7.30 a.m. — The Old Market offers interesting Khmer breakfasts: rice porridge, duck noodles and sticky rice steamed in banana leaf packets.

8 a.m. — Drive out to Kbal Spean or the Valley of the 1,000 Lingas for a hike to myriad stone lingas carved into the riverbed and boulders on the banks.

1.30 p.m. — Have lunch in Siem Reap. The Indian restaurant serves excellent dosas — thin and crispy.

2.30 p.m. — Watch weaving masters at the Institute of Khmer Traditional Textiles spin, dye and weave silk textiles at their workshop on the edge of town.

Journey to their farm to see silk worms being raised and natural dyes made from tree bark and leaves.

4 p.m. — Ancient architecture buffs can study the differences between the 9th-century Bakong and Preah Ko temples and Angkor Wat, which was built centuries later.

6 p.m. — Let a masseuse knead the knots away and work out the kinks at Chai Massage near the road to Angkor Wat.

7 p.m. — Enjoy one last gin and tonic before the journey home at the Foreign Correspondents Club.

It's near the river and the garden is the perfect place for a drink.

REUTERS

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Ljubljana just lovely

TheTravelJunkie

Julia Dimon



juliadimon.com

ljubljana. With some 50,000 university students living in the city, the vibe is abuzz with youth, culture and nightlife. Who knew that the Slovenian capital city I can hardly pronounce would turn out to be one of the hippest spots in Europe.

I ended up in Slovenia, one of the smallest countries in Central Europe, as a result of "Plan B." I was originally supposed to travel to Georgia, but, as the conflict with Russia grew and the tanks rolled in, I figured it probably wasn't the best time to visit.

Anxious for an alternative place to explore, Slovenia seemed like a good choice. I'd fly from Istanbul direct to Ljubljana, the city with a jumble of consonants in a country I knew very little about.

There's something really nice about Ljubljana. It has that manageable, small-city feeling with all the perks of a big one. From theatre to art, fine dining restaurants to trendy boutiques, it fulfills all my requirements of "cool." Most importantly, it's a backpacker-friendly location with a well-established tourist infrastructure and lots of English-speakers.

The landscape, carved with canals and bicycle paths, reminds me of Amsterdam, minus the tacky souvenirs, sleazy sex shops and legalized pot cafés.

For the anti-commercial scene, Metelkova is the place to be. An autonomous zone for off-the-wall artistic expression, this outdoor urban space is devoted to counter-culture. Amidst the graffiti walls and squat-like surroundings there are bars, a few gay clubs, performing art spaces and music venues playing everything from punk to reggae.

The area has an anarchist aura with anti-police graffiti and rockers in black. Though guidebooks say "your hair doesn't have to be pink to fit in," I argue that it sure does help.

Rastas strum guitars, angst-ridden teenagers mope and pit bulls frolic as their tattooed owners drink absinthe. Metelkova is a must-see.

Julia Dimon is co-host of Word Travels, airing on OLN; juliadimon.com.



MTV picks up Hills spinoff

A much-talked-about Hills spinoff featuring Whitney Port has been officially picked up by MTV, sources confirm to E! News exclusively. "They will start shooting immediately," says a show source. The series is to start airing in early 2009. **E! NEWS ONLINE**

Entertainment

Keira talks Scott

Keira Knightley is in talks to play the wife of novelist F. Scott Fitzgerald in a new biopic. The film, *The Beautiful and the Damned*, will look at the relationship between the author and Zelda Sayre.

BBC NEWS ONLINE

State of the western

PHILIP BROWN
for Metro Canada

One of the best westerns to ride onto screens in years, Ed Harris' new film Appaloosa does a surprisingly good job of reviving and updating the genre — but whether it will strike gold with audiences is another story

There was a time when Hollywood produced a saddle-full of westerns, but by the late '60s the genre was pretty much dead.

Directors like Sam Peckinpah (*The Wild Bunch*) and Sergio Leone (*The Good, The Bad, And The Ugly*) created revisionist westerns that toyed with the formula and excited new audiences, yet it almost felt as if there was no where left to go in the genre once they were done with it.

There have been numerous attempts to revive the western since then, the most successful being Clint Eastwood's 1992 masterpiece *Unforgiven*. The film was easily one of the most thought provoking and interesting examples of the genre, sparking a wave of new westerns in the '90s including Jim Jarmusch's quietly brilliant *Dead Man*, Sam Raimi's kinetic *The Quick And The Dead*, and the blockbuster *Western Tombstone*.

They were all solid films, but none was suc-



Appaloosa — starring actor Viggo Mortensen — is riding high-in-the-saddle among film critics and western fans.

cessful enough to breathe new life into the genre. Since then, there has been a new western every few years, but sadly nothing that generated much commercial interest.

Last year's *3:10 To Yuma* proved that westerns could still be bankable, but the success of that movie had more to do with the combined star

power of Russell Crowe and Christian Bale than anything else.

The amazing HBO series *Deadwood* is one of the most remarkable westerns ever created, but despite a cavalcade of awards and critical acclaim it never had much of an audience and was cancelled before reaching the planned concluding fourth season.

Surprisingly, some of the most entertaining westerns to be produced in recent years are wild pop-art experiments to emerge from Asia, including Takashi Miike's *Sukiyaki Western Django*, and Ji-Woon Kim's upcoming *The Good, The Bad, And The Weird*.

However, as fun as these movies are, they won't

have much impact on this quintessentially American genre.

As long as there are filmmakers with a sense of the history of cinema, there will be westerns, but unfortunately it doesn't look like genre will ever be commercially viable again. The days of John Ford have passed and they may never return.

The only thing certain in life is uncertainty

Today, I want to talk about uncertainty. I'm just not entirely sure what to say about it.

What started me thinking about this was that this past week I learned of a serious problem inherent in bar stools. My friend, Belle, broke her ankle by falling off one.

Some people might ask, "Was she dancing on the stool at the time?" or "Had she had a few?" Which just goes to show they don't know Belle.

Of course she wasn't dancing on the stool. And of course she'd had a few.

HineSight

Anne Hines

One might argue that the fall was not entirely the stool's fault. But the fact is this tragedy could have been averted if the manufacturer had simply affixed a label saying something like, "Wrapping your foot around this stool in a rather fetching, coquettish manner and then forget-

ting to unwrap it when you stand up may cause injury."

Instead, we all have to live with the knowledge that bar stool related unpleasantness could happen at any time.

I don't like uncertainty. It makes me feel ... uncertain. A lot of people share this feeling. That's why we turn to paid experts who can assure us of what the future holds. Depending on what amount we're prepared to spend, these professionals are called either financial advisors or telephone psychics.

I consulted a palm reader once. She charged me \$40

and told me I'm destined to spend money foolishly. I left thinking she was right.

We want our world to be predictable and stable. The problem is that a) it isn't and b) well, that's it's really. And, it's not just what's around us, it's also what's inside us that can turn on a dime.

A few years ago, I was sitting in a boardroom waiting to start a meeting. A woman walked in I'd never met. I thought, "Oh my god. I'm gay." I'm not the only person to have this happen.

Comedian Rosie O'Donnell reports she was motor-

ing home after getting her drivers license when she was struck by this same realization.

Personally, I'm glad I wasn't operating heavy machinery at the time. Sometimes uncertainty feels like falling off a bar stool and sometimes it feels like falling in love.

In any case, no warning label can prepare us for the jolts and joys that lie ahead. Life will surprise us. And that's a good thing. I'm certain.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

Clooney ER return unlikely

CASTING The producers of hospital drama ER are hoping to entice George Clooney back for the Clooney show's upcoming final season, even though Clooney has said he's not interested, Reuters reports.



ER executive producer David Zabel told TV Guide that story lines had been dreamed up for the show's 15th and last season for all major past characters, including Clooney's Dr. Ross.

But Clooney hasn't been tempted yet.

"He is on record as saying he is not coming back," said Clooney's publicist, Stan Rosenfield. "It is something he has already done. He is busy making movies."

90210 picked up for full season

TV The CW network has picked up nine additional episodes of teen drama *90210*, bringing the total order to 22, Reuters reports.

The move marks the first full-season order for a broadcast TV freshman series this season.

The much-buzzed-about *Beverly Hills, 90210* spinoff was the first new fall show to premiere. It got off to a blazing start with a two-hour debut that drew 4.9 million viewers and posted the highest-rated series premiere in the CW's two-year history among women 18-34, adults 18-34 and adults 18-49.

Duffy picked to cover Wings song

MUSIC Duffy is set to cover a *Wings* song after being hand-picked by Sir Paul McCartney, femalefirst.co.uk reports.

Duffy will cover *Live and Let Die* for *Heroes*, a new fundraising album for War Child, which sees veteran artists, including the former Beatles and *Wings* star select songs from their back catalogues and choose present-day artists to cover the tracks. Other artists selecting songs for the album include David Bowie, Bob Dylan and The Clash.

METRO NEWS SERVICES

20 entertainment



Actor Owen Wilson will feature in and produce Blood Brothers, a comedy centred around the friendship between a man and a vampire. Wilson is reportedly going to be playing the straight man, with his blood-sucking pal yet to be cast. FEMALEFIRST.CO.UK

Wilson's vampire project

New community concert series starts

MUSIC The Dartmouth Community Concert Association will open their 2008-09 season with the Elora Singers on Saturday at 8 p.m. at the Woodlawn United Church.

The Elora Singers, founded in 1980, are considered one of the finest chamber music choirs in Canada. The cost is \$20 for adults and seniors and \$10 for students. Other performers on the DCCA roster include pianist Darratt Zusko on Nov. 22, accordionist Alexander Seveston on Feb. 7, and violinist Mark Djokic and pianist Julien LeBlanc on March 7. **METRO HALIFAX**

In brief

FILM Mark Purdy of Halifax's Arcadia Productions has been named to the Canadian Film and Television Production Association's National Production Program.

TELEVISION Tapings for the upcoming season of This Hour Has 22 Minutes begins Monday night at the CBC studios on Bell Road. For tickets call 420-4765. **METRO HALIFAX**

Symphony returns like a hurricane

New season begins with Hurricane Juan Concerto

PHILIP CROUCHER
philip.croucher@metroneWS.ca



Symphony Nova Scotia is celebrating more than just its music this season. There is also a significant milestone to commemorate.

The popular orchestra is launching its 25th-anniversary season before the masses tomorrow night at the Rebecca Cohn Auditorium in Halifax.

The kick-off show features Peter Allen's new Hurricane Juan Concerto and the orchestra's performance of Shostakovich's Symphony No. 10.

The 7:30 p.m. premiere is the start of a busy season for the symphony. There are 39 performances, including some featuring well-known guest artists and conductors.

"The anniversary is a big event for the orchestra, and we have some events

happening because of it," said music director Bernhard Gueller. "There are some events making this season very special."

That includes tomorrow's opener, which is the world premiere of Allen's Hurricane Juan Concerto, which spans the 12-hour period before, during and after the storm in five movements, and portrays the spirit that brought Nova Scotians together in its aftermath.

Allen, a Halifax pianist and composer, will play piano during the performance.

As for Shostakovich's Symphony No. 10, which closes the show, it is considered one of the most compelling symphonies of the 20th century. The opening performance is Beethoven's Egmont Overture.

"We are very close to the fifth anniversary of that storm," Gueller said of



Symphony Nova Scotia music director Bernhard Gueller leads the orchestra at a practice for tomorrow night's season opener.

Hurricane Juan, which slammed into Nova Scotia on Sept. 29, 2003. "Then

the Shostakovich's Symphony, which is about the starting era in Russia, can be called a hurricane of a

different kind — a long-lasting hurricane.

"But all three pieces have a positive solution at the end. There is hope and there is optimism. I think it's a very spectacular be-

If you go

- What: Season opener for Symphony Nova Scotia, featuring Peter Allen's Hurricane Juan Concerto.
- Where: The Rebecca Cohn Auditorium.
- When: Tomorrow, 7:30 p.m.
- Tickets: \$32 to \$47.50. Call 494-3820.
- An encore presentation of Allen's Hurricane Juan Concerto takes place on Sunday at 2 p.m. at the Rebecca Cohn.

ginning to the season."

Other season highlights include a Tchaikovsky Festival in late April and the return of a popular pop series, including a special tribute to Frank Sinatra on Oct. 17 and Cape Breton fiddler Natalie MacMaster joining the orchestra for back-to-back shows in November.

"There is a broad variety," Gueller said of their overall lineup.

"It will be a very good season."

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Halifax ready to fall for flamenco

FESTIVAL The third annual Fall For Flamenco Festival is set to hit Halifax again starting on Saturday.

The event — which runs until Tuesday, Oct. 7 — features concerts, workshops and demonstrations of Flamenco, a Spanish art form that includes song, dance and guitar playing.

The festival kick-off is Saturday with the opening of the exhibition Flamenco In Canada, which will be on display until Nov. 7 at Pier 21's Ralph and Rose Chiodo Harbourside Gallery in Halifax. The exhibit opens at 2 p.m. and features stories and photographs that explore the history and experience of Flamenco in Canada.

On Saturday night there will be the concert Flamenco Con Fusion at 8 p.m. at the North End Church in Halifax. Ticket prices are \$20 and \$15.

The highlight for the festival goes a week from Saturday, when Spain's Joaquin Ruiz Flamenco Company and guest artist Immaculada Ortega perform at the Rebecca Cohn

Auditorium at 8 p.m.

The show will be the largest venue the festival has held an event in.

"It's growing, it's growing so much," said festival artistic director and founder Maria Osende. "We're a non-for-profit organization, and now we have our first employee."

"So it's growing, and it's working really well."

Ruiz and Ortega will also take part in a dance workshop from Friday, Oct. 3 through Tuesday, Oct. 7.

For more information about the festival, go to www.flamencofestival.ca.

METRO HALIFAX

Maria Osende is the director and founder of the Fall for Flamenco Festival.



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Nationality: Irish



HAL CRUTTENDEN

Nationality: British

Winners will be contacted by telephone by a representative. Contest closes at midnight October 9th.

Just for laughs

Live

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metroneWS.ca

Leary rips hosts

Actor/comedian Denis Leary, right, has blasted the reality TV hosts of Sunday night's 60th Annual Primetime Emmy Awards because their lack of comic timing "offended" him. "I was offended as a comedian," he said. METRO NEWS SERVICES



HBO Canada's timing seems iffy

HBOVER HERE: It seems a day late and a pound short, but the corporate partners behind The Movie Network and Movie Central here in Canada are adding HBO Canada to their cable offerings, a new channel available to anyone already subscribing to the two other channels, and designed to feature the full menu of HBO programming, and not just the shows that have already been offered individually here — hit shows like Sex And The City, Deadwood and The Sopranos, or current ones like Entourage, True Blood, Flight Of The Conchords and In Treatment.

HBO Canada will launch next month, and will round out the network's current shows with HBO programming that only arrives here on DVD or after a long delay on basic cable — the sports events, comedy, documentaries and concerts that were once the network's bread and butter, as well as rebroadcasts from HBO's library, which will probably in-

IntelleVision

Rick McGinnis

rick.mcginnis@metronews.ca

clude miniseries and movies such as Angels In America, From The Earth To The Moon and Oz.

The new channel is not a partnership — HBO does not have any ownership stake in the new channel, according to a press release, but rather Astral Media and Corus Entertainment have expanded their deal with the U.S. network, which will also see more HBO content appearing on their On Demand channels.

This would have been a big, bold move two or three years ago, when HBO's brand was white hot, but right now it looks more like Corus and Astral are doing HBO the favour, and not the other way around. The U.S. network has had its thunder



Acclaimed programming remains on HBO, despite the end of the hit show *The Sopranos*.

stolen by its once-marginal competitors since the *The Sopranos* made its halting march to its finale; that last episode, with its abrupt, ambiguous ending, turned out to

be prescient, as HBO's profile seemed to diminish just as sharply, though its reputation lingers in a stubborn half-life.

HBO did very well at Sunday's Emmys, picking

up a bale of awards for shows like Entourage, In Treatment and especially John Adams, but the relevance of those accolades is debatable when the show pulled its lowest ratings ever — just 12.2 million viewers — and drew an avalanche of critical brickbats for its leaden pacing and disastrous hosting gimmick.

Until HBO can hoist its standard on a couple of new flagship shows, its public image will increasingly revert to the dissipated host of offerings it was famous for during most of its early history — the 25-plus years between its low-profile debut in the heyday of network television until those fateful nights when Carrie Bradshaw tripped down a Manhattan sidewalk in her unfeasibly high heels and Tony Soprano padded out to the end of his driveway to pick up his morning paper.

Rick McGinnis writes about music, movies, books and television, but not opera.

NBC's LAPD adds personnel

CASTING Tom Everett Scott and Arija Bareikis have joined the cast of NBC's drama pilot LAPD.

In the ensemble cop show, Scott will play Russell, a cop and father of three who's married to a blogger. On the job, he is partnered with Lydia (Regina King). Bareikis will play a uniformed patrol cop who shares her teenage son's love of surfing.

LGBT characters play bigger role

TELEVISION The number of gay and lesbian TV characters on U.S. broadcast networks will double to an all-time high this season, according to a new poll.

There will be 16 regular characters on major-network scripted series this season who are lesbian, gay, bisexual or transgender, according to an annual survey conducted by the Gay & Lesbian Alliance Against Defamation. That's more than twice as many as last year and the most ever in the 13 years that GLAAD has been doing the study.

REUTERS

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	HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/24/08	31	31	31	ABC	News (N)	ABC World News	Inside Edition	Chronicle	Dancing With the Stars	David Blaine Dive of Death (HDTV) (Live)			
	7	7	7	ASN	The Road to Avonlea	Robson Arms	TMZ (N)	America's Next Top Model (N)	America's Got Talent	Cold Case			
	11	11	11	CBC	Coronation St.	Jeopardy! (N)	Little Mosque Sophie (HDTV)	CBC News: the fifth estate	CBC News: The National	The Hour			
	2	2	2	CBC-F	Terre humaine	Gars fille Virginie (SC)	L'Epicerie	Le Match des étoiles (SC)	Tous Pour Un (HDTV) (SC)	Le Téléjournal			
	32	32	32	CBS	News (N)	Evening News	The Insider (N)	Entertainment	Old Christine Gary Unmann	Criminal Minds (N)	CSI: NY		
	69	69	69	CFTM	TVA 18 heures	Le Cercle (SC)	Qui a tue? Poule-œufs or	Destinées "La Faillie" (SC)	Les Soeurs Elliot (N) (SC)	TVA 22 heures			
	6	6	6	FOX	Entertainment	ET Canada	Crime Stories	Bones (HDTV PA) (N)	NICIS (N)	News (N)			
	9	9	9	CJCH	eTalk	Hollywood CSNY "Vertitas" (N)		Dancing With the Stars	Criminal Minds (N)	News (N)			
	10	10	10	ELTV	EastLink Mag.	Welcome	Fuelin' Around	Build It (N)	Doc Talk The Job Zone	EastLink Television			
	36	36	36	FOX	Don't Deal	The Simpsons	Two/Half Men	Two/Half Men	Bones (HDTV PA) (N)	Til Death	Do Not Disturb	Fox First	
	12	12	12	NBC	News (N)	NBC News	Hollywood Extra (N)	Knight Rider (N)	America's Got Talent	Lipstick Jungle			
	29	29	29	NW	BBC World	Business	CBC News: Around the World	Canada Votes: Your Turn	CBC News: The National	Monarchy			
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Greater Boston	Ask This Old	Killer Stress: National	American Masters (N)	American Masters (N)			
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	BBC World	Killer Stress: National	American Masters (N)	American Masters (N)			
	68	68	68	TOS	Les Simpson	Flash (SC)	Chemin du Go	Le Combat du lieutenant Hart ** (2002, Guerre) Bruce Willis, (SC)		110 pour cent			
	23	96	96	BNN	Business News	Headline	Market Call	Commodities	Workopolis TV Factories	Squeeze Play	Market Call		
	18	18	18	CNN	(5) The Situation Room	Lou Dobbs Tonight	CNN Election Center		Larry King Live	CBS News	Cooper 360		
	54	54	54	GOLF	Highway 18	Tour Championship Highlights	Inside PGA	Golf Central	19th Hole	The Approach	School of Golf		
	52	52	52	RSE	Prime Time Sports	MLB Baseball New York Yankees at Toronto Blue Jays. From Rogers Centre in Toronto.					Sportsnet Con.		
	55	55	55	SCOR	Hockey Talk	Game On	RaceNight				Score Tonight		
	45	45	45	SPD	Unique Whips	Pinks (HDTV)	Pass Time	Am. Thunder	Am. Thunder	Pinks (HDTV)	Pinks Outtakes	Wrecked	
	53	53	53	TSN	Off the Record	SportsCentre	That's Hockey!	NHL Preseason Hockey	Toronto Maple Leafs at Pittsburgh Penguins.				
	43	43	43	FAM	Zoey 101	Life Derek	Wizards-Place	That's-Raven Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	
	44	44	44	TOON	World of Quest	Johnny Test	George-Jungle Bugs Bunny & Tweety Show	6teen	Total Drama	Futurama	The Critic (N)		
	26	26	26	TREE	Fifi-Flowerlots	Backyardigans	Wonder Pets Nght Grnd	Bucket-Dinos Franklin	Little Bear	Miss Spider	Comfy Couch		
	27	27	27	YTV	Drake & Josh	iCarly	Malcolm-Mid.	Home Improve.	Prank Patrol	Futurama	Prank Patrol	Adrenaline Proj.	
	16	16	16	A&E	Cold Case Files				Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	
	70	70	70	APTN	News				Bounty Hunter	Bounty Hunter	Bounty Hunter	Cris Angel	
	50	50	50	BET	106 & Park: BET's Top 10 Live (Live)	Jaz, Sullivan	Access	Black Carpet	Leprechaun: Back 2 tha Hood * (2003)				
	37	37	37	BRC	Street Legal	Desperate Housewives	Berkeley	Bravo!Videos	Ringling Bros. and Barnum & Bailey Circus	Wingfield	The Letters		
	60	97	97	CLT	Mysterious Ways	Judging Amy	The Investigators	The Practice	Reindeer Games (1998, Drama) Paula Abdul, Art Hindle				
	25	25	25	CMT	Project Mom	Project Mom	CMT30	Totally Beyond Chance	Reba	Hope & Faith	Home Improve.		
	49	49	49	COM	Laughs	Comedy Now	Air Force Just for Laughs	Corner Gas	The Simpsons	South Park	Lewis Black		
	153	153	153	COURT	Crime Files	72 Hours			Declassified	Investigators			
	38	38	38	DISC	How It's Made	How It's Made	Daily Planet (N)	Cash Cab (N)	Monster Moves (N)	Mayday			
	34	48	48	HGTV	Holmes-Homes	House Hunters	Property Virgin	Property Shop Big City Broker	Property Virgin	Unsellable	Flipping Out		
	46	46	46	HIST	Robin Hood-Outlaw Hero	NCIS "Skeletons"	Cities of the Underworld	Robin Hood-Outlaw Hero	Robins Hood	NCIS			
	17	17	17	MTV	Punk'd	Born to Be	MTV's Top Pop Group Ashanti.	Technical Diff.	PunchMunch	Top Pop Group			
	19	19	19	MM	MusicProfile	mmtop10.com	Popaganda	Back In	Listed "20 Dirty Ditties"	Brooke Knows			
	201	201	201	M1	(6:10) Evening (2007)		(8:15) The Boss of It All * (2006, Comedy)		Assassination of Jesse James by Robert Ford				
	48	23	23	OLN	The Amazing Race 2	Ed's Up	Videos	The Search "France"	Ed's Up	Adventures	Word Travels		
	51	51	51	PEACH	Friends	Seinfeld	House-Payne	Blade II * (2002, Horror) Wesley Snipes, Ron Perlman.			Family Guy		
	206	206	206	PIX	(6:45) Born in East L.A. ** (1987)		(6:20) Little Criminals (1995)		Coma *** (1978, Science Fiction)				
	67	67	67	RDI	RDI en direct	RDI en direct	Elections	Grands reportages (SC)	Le Téléjournal (SC)	RDI en direct			
	39	39	39	SHOW	Wife Swap (N)	Kink in Hair	Kink in Hair	Billable Hours	Billable Hours	Durham County	The Riches		
	40	40	40	SLICE	Matchmaker	Til Debt-Part	End of Leash	ET Canada	X-Wielded	Work Out	Inside Hollywood.		
	47	47	47	SPACE	Stargate SG-1 (DVS)	Lost		Star Trek: Deep Space Nine	Battlestar Galactica	Ghost Hunters			
	14	14	14	STAR	FashionTele	NY "Heart of Glass"	CSI: NY "The Ride-In"	CSI: NY (HDTV)	UFC Unleashed (N)	Ult. Fighter			
	57	98	98	STAR	Look-A-Like	The Ellen DeGeneres Show	TMZ (N)	eTalk	Paris Casting Special	Tonight Show			
	21	21	21	TLC	What Not to Wear	Jon & Kate	Jon & Kate	Jon & Kate	Jon & Kate	Jon & Kate	Unique Family		
	56	34	34	TRP	Reality	Ad Persuasion	Beverly Hills, 90210	Reality	What Happen?	Family Guy	Seinfeld		
	20	20	20	TV5	Que-champion	Champion	Franchise de Fr2	Toute une histoire	Seinfeld	Seinfeld	Seinfeld		
	28	28	28	V	Side Effects "You Can Run"	Murder, She Wrote	Chambers	No Place Like	Darling Buds of May	25ème Ann	Parf		
	22	22	22	W	Shopping Bags	Style by Jury	Will & Grace	Grocery	What You Eat	Supersize vs. Superskinny (N)	Gok's Fashion		
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	America's Next Top Model (N)	90210 (HDTV)	WGN News		

critics'corner

Knight Rider

You asked for it, you got it. When the classic 1980s action show was revived as a TV movie last winter, inquiring minds wanted to know: Will there be a series? And here it is. Justin Bruening returns as Mike, the former Army Ranger assigned to keep superintelligent car KITT out of the wrong hands. Deanna Russo also stars, with Val Kilmer as the voice of KITT. 9 PM on NBC



Gary Unmarried

It's sort of like "The New Adventures of Old Christine" ... if Christine were a guy and a little luckier in love. Jay Mohr ("Ghost Whisperer") has the title role in this new sitcom: a newly divorced dad dealing with kid custody issues, his ex-wife's (Paula Marshall) impending wedding, and his own love life. Yes, he's got himself a girlfriend: the lovely Vanessa (Jaime King) whom he met on the job. 9:30 PM on CBS

Monster Moves

Don't tear it down; move it across town! That could be the motto of this series, which chronicles the most ambitious moving projects you'll ever see, whether it's transporting a lighthouse away from a cliff or relocating massive old Egyptian temples to make way for a dam project. 10 PM on DISCOVERY



Jonny Lee Miller, wife expecting first child
Jonny Lee Miller of TV's Eli Stone and his wife Michele Hicks are expecting their first child, according to the actor's rep. The couple wed earlier this year. **PEOPLE.COM**

Celebrity Buzz

Renée talks about breast cancer scare

HEALTH Renée Zellweger has opened up about her breast cancer scare, which threatened to halt her career after the success of *Jerry Maguire*, imdb.com reports.

The actress reveals she found two small masses in her right breast during a self-examination in 1996 and decided to get them checked out.

Zellweger, who lost her grandmother to cancer in 1969, recalls, "I thought, 'Oh, I know what you do now. You find out what that is. So I went and found out."

The actress tells *America's Self* magazine she made an appointment with her doctor in Los Angeles and went to his

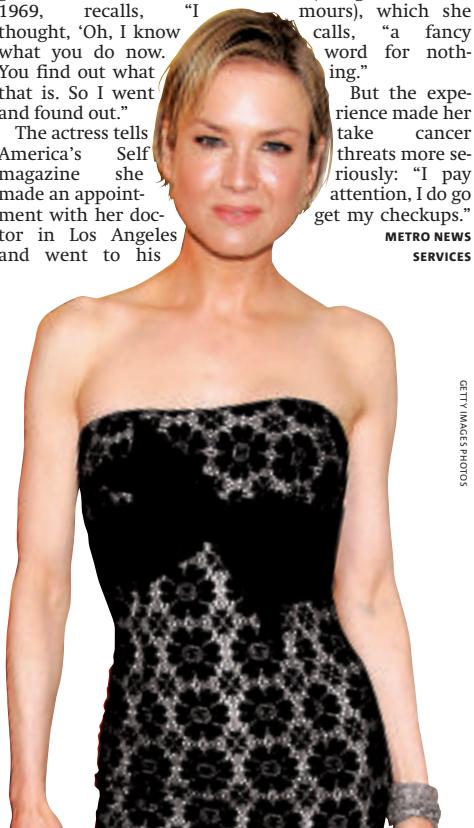
clinic with a no-nonsense attitude.

"I was like, 'Let's just have it over with. Get in there, stab away, get your little crunchy bit or whatever you're looking for, put it in the mail and we'll call it a day,'" she adds. "Then I had a weird couple of days waiting for the phone call."

Zellweger eventually discovered she had fibroadenomas (benign breast tumors), which she calls, "a fancy word for nothing."

But the experience made her take cancer threats more seriously: "I pay attention, I do go get my checkups."

METRO NEWS SERVICES



Spears pics probe

PRIVACY Police in Louisiana are hunting a store worker who has allegedly tried to sell private photographs from the Spears family album, femalefirst.co.uk reports.

Snaps of new mom Jamie Lynn Spears breast feeding her three-month old daughter Maddie have been offered to the media.

The collection of photographs also includes pop star and older sister Britney holding

ing her niece alongside her parents around Jamie Lynn's hospital bed shortly after the teenager gave birth.

Reports claim the photographs were taken on the camera of Jamie Lynn's boyfriend, Casey Aldridge, before he took the camera card to a local store, but extra copies were made by a male employee.

METRO NEWS SERVICES



celebrity brief

Jodie filming reality show

CAREER Jodie Sweetin is taking the "rock 'n' roll" approach to getting back on the small screen, people.com.

"My husband and I are now shooting our reality show, which is going to be really fun," Sweetin said. "It's following us and our new baby."

Explained the former Full House star with a laugh: "Kind of like a Tori and Dean vibe, but we're a little more rock and roll. We're a little edgier."

METRO NEWS SERVICES



"This makes no sense at all..."

by Joe O'Neill

So Louisiana police are hot on the trail of a store worker for allegedly trying to sell photographs of **Jamie Lynn Spears** breastfeeding her baby. Isn't it sort of understood that one of the fringe benefits of working in a photo booth at Wal-Mart, besides being able to wallpaper your bedroom with pictures of every attractive woman in your hometown, is the opportunity to sell to the highest bidder copies of the private pictures belonging to any celebrity too cheap to have an ink-jet printer at home?

People really ought to go to jail over this one, especially the guy who stole the photos, the person who buys them, and anyone who actually cares about Jamie Lynn Spears and **Casey Aldridge**.

It's pretty sleazy, and probably illegal in most states, to look at photos of a 17-year-old girl breastfeeding her child, but I doubt I'm the only one who's wondering whether Jamie Lynn squirts milk or Mountain Dew.

Of course the real danger here is that if these pictures get out, it will spoil the surprise of seeing them for the first time in *The Family Spears*' Season's Greetings Togetherness Christmas Calendar, sure to be a hot seller later this year.

NEWSDESK
METRONEWS.CA

celebrity brief

Gwyneth starts lifestyle site

ONLINE Academy Award-winning actress Gwyneth Paltrow has launched her own lifestyle website, Goop.com, usmagazine.com reports.

Each of the sections, which include Make, Go, Get, Do, Be and See, feature an essay written by Paltrow.

"My life is good because I am not passive about it," Paltrow writes.

METRO NEWS SERVICES



DeAnna wedding plans

COPULE When it comes to weddings, The Bachelorette's engaged couple DeAnna Papas and Jesse Csincsak are thinking small, People.com reports.

"We've gone from about 400 people and we're breaking it down," DeAnna Pap-

pas told People at Saturday's L.A. Confidential pre-Emmy party in Hollywood.

METRO NEWS SERVICES



Evacuation irks bare-faced Pam

PEOPLE Pamela Anderson was "mortified" when she had to evacuate a hotel without any makeup on, femalefirst.co.uk reports.

The former Baywatch actress was forced to leave her five-star Paris hotel looking less than glamorous at 9 a.m. after firefighters were

called to deal with a suspected gas leak.

Anderson was so distraught at the prospect of being seen with a natural face she reportedly even asked firefighters to help her leave through a secluded entrance, but her request was denied.

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Today
Sunny
16° / 4°

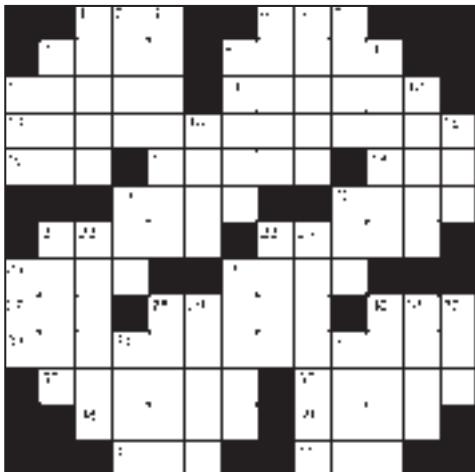
Thursday
Sunny
17° / 8°

Friday
Partly sunny
16° / 11°

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entertainment 23

Take Five



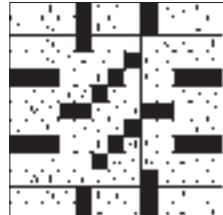
Crossword across

- 1 Young bloke
4 Lavatory sign
7 Go sightseeing
8 Fills the cargo hold
10 Cognizant
11 One
13 Joseph, Kevin and Nicholas
16 Donkey
17 Prognosticators
18 Dead heat
19 One of the 4-H Club's H's
20 Citi Field forerunner
21 Disdain
23 Bowlers' milieu
- 25 Son of Odin
26 Poultry
27 Mess up
28 Where to find Augusta
30 Greek cross
33 Dianne, Peggy, Kathy and Janet
36 Affluence
37 Speechify
38 "The best-laid schemes o' mice an' men gang aft —"
39 Church service
40 Method (Abbr.)
41 CBS logo

Crossword down

- 1 Bank transactions
2 Emanation
3 Bureau
4 Estate house
5 Tends texts
6 Benelux nation (Abbr.)
7 Pairs
8 Enticed
9 Boil slowly
10 "Mirrors" director Alexandre
12 Desiccates
14 Noggin
15 Red or Black
19 Perp. to vert.
- 20 Mr. Bill's home, briefly
21 Termagant
22 Part of 41-Across
23 Actress Anderson
24 "Radical, dude!"
25 Aviv lead-in
26 Arousing suspicion
28 Pitcher for the Yankees?
29 Initial stakes
30 Rib
31 Crafts' mates
32 Work with
34 Kvetches
35 Salver

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



7	2	6	5	4	1	3	8	9
5	8	4	3	9	6	7	1	2
3	1	9	7	8	2	4	6	5
8	3	5	6	2	4	1	9	7
2	4	1	9	7	8	5	3	6
9	6	7	1	5	3	8	2	4
1	7	2	8	6	5	9	4	3
6	9	3	4	1	7	2	5	8
4	5	8	2	3	9	6	7	1

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 minGenius
13-17 minScholar

17-21 minSmart
21-25 minNot bad
25+ minKeep practising

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

2								7
		4	9	6				2
6				2	8	3		
	4				7			
		6				1		
			2				5	
	5	2	7					1
4			8	6	1			
3							9	

Horoscopes

ARIES MARCH 21-APRIL 20



There'll be encounters with a special person. A sweet girl is too unstable to support you. There's a need for privacy for a mature friend.

LIBRA SEPT 23-OCT 23



Security comes up in an emotional debate. Desperate times call for extreme methods. A chatty co-worker has overindulged in caffeine.

TAURUS APRIL 21-MAY 21



Preoccupation with other people's intentions develops. Refuse to interfere between relatives. A buddy reveals a different approach.

SCORPIO OCT 24-NOV 22



Something you were told is not really true. Someone is leaving you to do the dirty work. A death creates delay and confusion.

GEMINI MAY 22-JUNE 21



An older friend feels touchier than usual. A minor mishap works out for a manipulator. A brand new toy brings joy to a woman.

SAGITTARIUS NOV 23-DEC 21



Overcome obstacles by asserting your personality. Don't get miffed with a parent. You'll experience good results with unusual associations.

CANCER JUNE 22-JULY 22



A burden will be lifted when someone demands submission. You'll create some confusion. Anguish about family obligations will ease.

CAPRICORN DEC 22-JAN 20



Responsibility weighs heavily on your mind. A surreptitious conversation takes place. Sensitivity to another person's insincerity is disclosed.

LEO JULY 23-AUG 23



A biased person is forced to give you a call. Don't do anything about spiteful gossip. A financial hardship is temporary.

AQUARIUS JAN 21-FEB 18



There's a happy surprise at a dull social event. Be aware of a romantic newcomer. An absent person is meeting with an older man.

VIRGO AUG 24-SEPT 22



Don't try to rush anything. Take advantage of feeling balanced. Watch carefully for signs of disgruntlement.

PISCES FEB 19-MARCH 20



Your impulses are challenged by someone. Listen in on a chat to be entertained. A savage beast helps you get through the day.

AVATAR VENUS

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A hungry feelin', came o' me stealin' ... and the old triangle, went jingle, jangle, all along the banks of the Royal Canal.
- BRENDAN BEHAN

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Recipe of the day



COOK SMART FOR A HEALTHY HEART

Barbecued Shrimp with Mustard Dipping Sauce

Treat yourself to skewers of juicy shrimp in an exotically spiced marinade.

INGREDIENTS:

- 3 tablespoons Dijon mustard
2 tablespoons fresh lemon juice
2 teaspoons ground coriander
2 teaspoons ground cumin
1/2 teaspoon pepper
24 large raw shrimp, peeled and deveined

teaspoons coriander, 1 1/2 teaspoons cumin and 1/4 teaspoon pepper in a large bowl. Add the shrimp, tossing to coat.

3. Preheat the barbecue. Thread the shrimp onto four long skewers. Place the shrimp on the barbecue and cook until opaque throughout, about 1 minute per side. Serve at room temperature or chilled, with the mustard dipping sauce.

Nutrients per serving: calories 111, carbohydrate 1g, protein 23g, total fat 2g (saturated fat 0.3g)

SERVES 4

- rd.ca
- For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



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